

England Athletics SEN/U20 & Para Championships 2025.

- Please note, this is a **draft timetable** which is **subject to change**. Timings will not be published until after the closing date (13/07/2025).
- **Days are subject to change depending on entries.** Please ensure flexibility with your planning to account for potential changes to published days.
- Please note – the schedule will not be changed for athletes competing in multiple events.
- The number of rounds could change depending on entry numbers.
- Timetable on Friday will start at approximately 15:00.

Track Friday		Track Saturday		Track Sunday	
Heat	100m	Semi/Final	100m	Heat/Semi/Final	200m
Heat	400m	Final	Para FR 100m	Heat/Final	Para Amb 100m
Heat	800m	Final	Para FR 200m	Heat/Final	Para Amb 200m
Heat	1500m	Semi/Final	400m	Final	Para Amb 400m
Final	5000m	Heats	400m Hurdles	Final	400m Hurdles
Day 1	U20M DEC	Heats	Para Amb 400m	Heat/Final	100/110m Hurdles
Day 1	U20W HEP	Final	800m	Final	3000m Race Walk
		Final	Para WC 800m	Final	U20 3000m
		Final	1500m	Final	Para WC 100m
		Final	Para Amb 1500m	Final	Para WC 200m
		Final	Steeplechase	Final	Para WC 400m
		Day 1	SM DEC	Day 2	SM DEC
		Day 1	SW HEP	Day 2	SW HEP
		Day 2	U20M DEC		
		Day 2	U20W HEP		

Field Friday		Field Saturday		Field Sunday	
Hammer	U20W	Shot	U20M	Hammer	U20M
Hammer	SW	Discus	U20W	Shot	SW & AMB W
Hammer	SM	Discus	SW & AMB W	Shot	SM & AMB M
Shot	U20W	Seated Club & Dis	M&F	Discus	SM & AMB M
Seated Shot	M&F	Pole Vault	SM	Discus	U20M
Javelin	U20M	Long Jump	U20M	Javelin	U20W
Javelin	SM & AMB M	Long Jump	U20W	Javelin	SW & AMB W
Pole Vault	U20M	Triple Jump	SM	Pole Vault	U20W
Triple Jump	U20M	Day 1	SM DEC	Pole Vault	SW
Day 1	U20M DEC	Day 1	SW HEP	High Jump	U20M
Day 1	U20W HEP	Day 2	U20M DEC	High Jump	U20W
		Day 2	U20W HEP	High Jump	SW
				High Jump	SM
				Triple Jump	SW
				Triple Jump	U20W
				Long Jump	SW & Para AMB W
				Long Jump	SM & Para AMB M
				Day 2	SM DEC
				Day 2	SW HEP