Please circle/tick/insert your answer for each question below

Total Marks = 85, Pass rate = 68 (80%)

|  |  |  |
| --- | --- | --- |
| **1.** |  | **Please put the following steps in order, when acting as referee at a league match that you would undertake for the event (1 mark)** |
|  | **1** | Checking event site/track/equipment |
|  | **2** | Creating a Duty sheet |
|  | **3** | Conducting a briefing for officials in the discipline |
|  | **4** | Reporting to the Meeting Manager / organiser |
|  | **5** | Receiving information/timetable |
|  |
|  | **A** | 5,2,4,1,3 |
|  | **B** | 5,2,1,3,4 |
|  | **C** | 2,5,3,4,1 |
|  | **D** | 5,2,1,4,3 |

|  |  |  |
| --- | --- | --- |
| **2.** |  | **How long before the meeting would you report in, as referee for a league match? (1 mark)** |
|  | **A** | No specified time |
|  | **B** | 30 minutes prior to first event |
|  | **C** | 1 hour prior to first event |
|  | **D** | 2 hours prior to first event |

|  |  |  |
| --- | --- | --- |
| **3.** |  | **What things would you include in your briefing as referee, to officials at the start of the day of a league match? (4 marks)** |
|  | **A** | Rules the meeting is operating under |
|  | **B** | Provide a list of refreshments available for officials to choose from |
|  | **C** | Number of copies of start lists / field cards for events/judges |
|  | **D** | Health & Safety briefing |
|  | **E** | Check officials are comfortable with allocated duties and or if they require support or mentoring |

|  |  |  |
| --- | --- | --- |
| **4.** |  | **With whom do you need to liaise with before the event gets under way in your role as Referee at a league match? (3 marks)** |
|  | **A** | Chief Photofinish Judge |
|  | **B** | Chief Starter’s Assistant |
|  | **D** | Chief Timekeeper |
|  | **E** | Meeting Manager / Organiser  |
|  | **F** | Technical Manager (if appointed) |
|  | **G** | Track Referee |
|  | **H** | Chief Call Room (if appointed) |

|  |  |  |
| --- | --- | --- |
| **5.** |  | **In the high jump of a decathlon in which only one athlete remains, the bar is set at 2.01m. What will be the next height the bar will be raised to? (1 mark)** |
|  | **A** | 2.06m |
|  | **B** | 2.05m |
|  | **C** | 2.04m  |
|  | **D** | Whatever height the athlete requests  |

|  |
| --- |
| 1. **Please provide the relevant rule number for question 5. (1 mark)**
 |
|  |

|  |  |  |
| --- | --- | --- |
| **7.** |  | **You have been given the duty of Chief Judge in the Discus at a regional Championships. The horn is being used. Please put the following steps in the correct order for starting the next athletes throw. (1 mark)**1. Tell athlete they are clear to throw
2. Blow horn to alert the officials
3. Take one further check that the sector is clear
4. Wait for acknowledgement from sector officials, including photographers
5. Call the athlete to mouth of the cage
6. Allow athlete to enter the cage
7. Walk to the Chief judge’s position to observe the circle
 |
|  | **A** | 3,5,1,2,6,7,4 |
|  | **B** | 2,5,4,6,3,7,1 |
|  | **C** | 1,5,3,2,4,7,6 |
|  | **D** | 5,2,4,6,3,7,1 |

|  |
| --- |
| 1. **Please provide the relevant rule number for question 7. (1 mark)**
 |
|  |

|  |  |  |
| --- | --- | --- |
| **9.** |  | **At a National Championships you are on flags at the take-off board on the triple jump. If an athlete has not commenced their run-up by the time the limit expires, what should you do? (1 mark)** |
|  | **A** | Raise the red flag |
|  | **B** | Raise the yellow flag |
|  | **C** | Raise the yellow flag and then raise the red flag |
|  | **D** | No action required |

|  |  |
| --- | --- |
| **10.** | **Please provide the relevant rule number for question 9 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **11.** |  | **In a regional pole vault competition, an athlete asks for their stand position to be changed. The time for their trial has already started. What would you do? (1 mark)** |
|  | **A** | Yes, allow the adjustment with clock running |
|  | **B** | Not allow the change, the clock has already started for the trial |
|  | **C** | Stop the clock and wait for the uprights to be adjusted, then re-start with the remaining time |
|  | **D** | Stop the clock and re-set the time then start the clock again when the adjustment has been made |

|  |  |
| --- | --- |
| **12.** | **Please provide the relevant rule number for question 11 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **13.** |  | **In the high jump an athlete is entering the competition when there is only one other competitor left. What time should be shown on the clock? (1 mark)**  |
|  | **A** | 1 minute |
|  | **B** | 3 minutes |
|  | **C** | 1.5 minutes |
|  | **D** | 2 minutes  |

|  |  |
| --- | --- |
| **14.** | **Please provide the relevant rule number for question 13 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **15.** |  | **You are the chief judge of a hammer competition. After their third trial an U15 athlete walks to the fence-line and is given a mobile phone from their coach and takes it back to the competition area. What should you do? (1 mark)** |
|  | **A** | No action required  |
|  | **B** | Speak to the athlete, confiscate the phone and consider issuing a yellow card |
|  | **C** | Talk to the athlete, ask them to return the phone to its owner and refer to the Field Referee about possible sanctions. |
|  | **D**  | Disqualify the athlete  |

|  |  |
| --- | --- |
| **16.** | **Please provide the relevant rule number for question 15 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **17.** |  | **In a long jump competition, you are responsible for call up and wind gauge. How would you finish the card to present to the Field Referee? (1 mark)** |
|  | **A** | Sign the bottom of the card and give to the Chief Judge |
|  | **B** | Circle the lowest wind reading for each athlete and sign the card |
|  | **C** | Give the card straight to the Field Referee to check |
|  | **D** | Circle the wind gauge measurement for the round in which the athlete had their best jump and sign the card |

|  |  |  |
| --- | --- | --- |
| **18.** |  | **You are the take-off judge in a visually impaired long jump and an athlete takes off before the chalked area. Where would you measure the jump from? (1 mark)** |
|  | **A** | This would be a foul jump as no mark was made in the chalked area. It would not be measured. |
|  | **B** | From the closest mark in the sand to the edge of the chalked area furthest from the pit |
|  | **C** | From the closest mark made in the sand to where the athlete took off |
|  | **D** | From the closest mark in the sand to the nearest end of the chalked area to the pit |

|  |  |
| --- | --- |
| **19.** | **Please provide the relevant rule number for question 18 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **20.** |  | **You are the referee. An immediate oral protest has been made to the chief judge who has called you over. There is no technology available, and there is some doubt as to whether it was a foul or not. How would you deal with this as a referee? (1 mark)** |
|  | **A** | Allow the athlete to have another trial when all the other athletes have finished. |
|  | **B** | Tell the athlete that the Judges are always correct, and the foul will stand |
|  | **C** | Allow the athlete to have a replacement trial as soon as possible so as not to delay the competition |
|  | **D** | Tell the chief judge to measure and record the trial as valid, in order to preserve the rights of all concerned. |

|  |  |
| --- | --- |
| **21.** | **Please provide the relevant rule number for question 20 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **22.** |  | **In a hammer competition, where you are on flags, a right-handed thrower releases the hammer, and its handle hits the right-hand gate. The hammer lands within the sector outside the limits of the cage. What do you do? (1 mark)** |
|  | **A** | Raise the white Flag |
|  | **B** | Raise the red Flag |
|  | **C** | Tell the athlete it will be measured this time but if it happens again, it will be a foul |
|  | **D** | Award the athlete another throw |

|  |  |
| --- | --- |
| **23.** | **Please provide the relevant rule number for question 22 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **24.** |  | **At a league meeting you are the chief on the U13 high jump. One of the athletes tells you they are in the 100m and leaves after clearing 1.15m. When they return, the bar is at 1.25m and the other athletes are taking their second attempts. The athlete asks if they can jump at this height. What do you do? (1 mark)** |
|  | **A** | Mark the first attempt box at 1.25m as a failure and allow two attempts |
|  | **B** | Tell the athlete they will have to wait until the next height |
|  | **C** | Mark the first attempt at 1.25m as a pass and tell the athlete they can have a maximum of two attempts at this height |
|  | **D** | Allow the athlete to jump with the others on the 2nd and 3rd trials and if they haven’t cleared give them one more attempt at 1.25m |

|  |  |
| --- | --- |
| **25.** | **Please provide the relevant rule number for question 24 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **26.** |  | **You are chief judge at a long jump competition in a league event. An athlete arrives when the competition is mid-way through the first round and asks to measure their run up with a practice jump. What do you do? (1 mark)** |
|  | **A** | Allow the athlete to do this at the end of the round |
|  | **B** | Tell the athlete they can measure up the side of the runway but not jump |
|  | **C** | Allow the athlete to measure and have a practice after the next athlete has jumped |
|  | **D** | Tell the athlete they are too late for the competition and cannot compete as the competition has started |

|  |  |
| --- | --- |
| **27.** | **Please provide the relevant rule number for question 26 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **28.** |  | **In a seated throw competition when does the warm-up time start for the athlete? (1 mark)** |
|  | **A** | Once the athlete is strapped in their throwing frame  |
|  | **B** | Once the officials are all in place |
|  | **C** | When the athlete is called by the chief judge |
|  | **D** | When the throwing frame is tied down in the position requested by the athlete, and they are happy with it.  |

|  |  |
| --- | --- |
| **29.** | **Please provide the relevant rule number for question 28 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **30.** |  | **You are the EDM operator on the long throws. Your first event is the hammer. Once the hammer is completed the next event is the discus in the same cage. What actions do you need to complete to prepare for the discus? (1 mark)** |
|  | **A** | Remove the inserts and re-calibrate the EDM |
|  | **B** | Remove the inserts and carry on with the discus competition |
|  | **C** | Leave the inserts in and carry on with the discus competition |
|  | **D** | Re-calibrate the EDM and carry on with the discus competition |

|  |  |
| --- | --- |
| **31.** | **Please provide the relevant rule number for question 30 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **32.** |  | **You are Chief Judge at a league shot put competition. The next athlete in the circle is wearing flared tracksuit bottoms and when they throw, the hem of their tracksuit trousers touches the top of the stop board. What is your decision? (1 mark)** |
|  | **A** | Call a foul throw and tell them to tuck the bottom of their trousers into their socks. |
|  | **B** | Measure the throw as long they exit the circle properly |
|  | **C** | Tell them this is a trip hazard and offer them another throw |
|  | **D** | Call the referee and ask them to speak to the team manager |

|  |  |
| --- | --- |
| **33.** | **Please provide the relevant rule number for question 32 (1 mark)** |
|  |  |

|  |  |  |
| --- | --- | --- |
| **34.** |  | **During a javelin competition utilising EDM, you are the referee. The judge spiking the attempt removes the prism prior to the reading being taken. No performance is therefore registered, and the point of landing has been lost. What do you do? (1 mark)** |
|  | **A** | Mark the throw as a failure and move to the next athlete |
|  | **B** | Ask the spiker to estimate where the javelin landed and measure from there. |
|  | **C** | Allow the athlete to throw again immediately |
|  | **D** | Allow the athlete to throw at the end of the competition |

|  |  |
| --- | --- |
| **35.** | **Please provide the relevant rule number for question 34 (1 mark)** |
|  |  |

|  |  |
| --- | --- |
| **36.** | **In the below distance and vertical results cards, please complete the following** **Distance results card (16 marks)**1. Best of 3 trials for each athlete
2. Positions after round 3 for each athlete
3. Reverse the order for the top 8 athletes

**Vertical jumps results card (29 marks)**1. Best performance of each athlete
2. Trials at height cleared for each athlete
3. Total failures for each athlete
4. Final position for each athlete
5. Complete jump off – including names of athletes, heights and final positions
 |

|  |  |  |
| --- | --- | --- |
| **Distance field results card** |  |  |
| **Event:** |  | **Shot Put** |  |  |  |
| **Order** | **Number** | **Name** | **Club** | **1st Trial** | **2nd Trial** | **3rd Trial** | **Best of 3 trials** | **Pos after 3 trials** | **Reverse Order** |
|
| **Metres** | **Metres** | **Metres** | **Metres** |
| **1** |   | **M. Nisbet** |  |  | **9** | **54** | **9** | **22** | **8** | **12** |  |  |  |  |  |
| **2** |   | **S. Malcolm** |  |  | **13** | **63** | **14** | **32** | **13** | **66** |  |  |  |  |  |
| **3** |   | **S. Maughan** |  |  | **11** | **19** | **11** | **14** | **11** | **27** |  |  |  |  |  |
| **4** |   | **D. Leung** |  |  | **10** | **10** | **9** | **75** | **8** | **85** |  |  |  |  |  |
| **5** |   | **Z. Holloway** |  |  | **14** | **32** | **14** | **31** | **X** |  |  |  |  |  |
| **6** |   | **B. Stephen** |  |  | **10** | **26** | **10** | **51** | **9** | **53** |  |  |  |  |  |
| **7** |   | **J. Alexander** |  |  | **11** | **91** | **X** | **11** | **21** |  |  |  |  |  |
| **8** |   | **E. Williams** |  |  | **9** | **76** | **10** | **33** | **10** | **22** |  |  |  |  |  |
| **9** |   | **J. Dew** |  |  | **10** | **96** | **11** | **27** | **10** | **48** |  |  |  |  |  |
| **10** |   | **L. Glover** |  |  | **9** | **99** | **9** | **24** | **9** | **80** |  |  |  |  |  |
| **11** |   | **M. Ritchie** |  |  | **12** | **70** | **13** | **15** | **12** | **78** |  |  |  |  |  |
| **12** |  | **P. Auckland** |  |  | **10** | **12** | **10** | **25** | **10** | **44** |  |  |  |  |  |

|  |  |
| --- | --- |
| **Vertical results field card** |  |
| **Event** | **High Jump**  |
| **Order** | **Number** | **NAME** | **Start Height** | **Metres** | **Metres** | **Metres** | **Metres** | **Metres** | **Metres** | **Metres** | **Metres** | **Metres** | **Best Performance** | **Trials at height cleared** | **Total Failures** | **Position** |
| **1.25** | **1.30** | **1.35** | **1.40** | **1.45** | **1.50** | **1.53** | **1.56** | **1.59** |
| **1** | **2** | **3** | **1** | **2** | **3** | **1** | **2** | **3** | **1** | **2** | **3** | **1** | **2** | **3** | **1** | **2** | **3** | **1** | **2** | **3** | **1** | **2** | **3** | **1** | **2** | **3** | **metres** |  |  |  |
| **1** |  | **P. Auckland** | **1.25** | **X** | **O** |  | **O** |  |  | **O** |  |  | **O** |  |  | **X** | **O** |  | **X** | **X** | **X** |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **2** |  | **M. Ritchie** | **1.30** |  |  |  | **X** | **O** |  | **X** | **O** |  | **X** | **O** |  | **X** | **X** | **X** |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **3** |  | **R. Mack** | **1.25** | **X** | **X** | **O** | **X** | **X** | **-**  | **X** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **4** |  | **J. Dew** | **1.25** | **X** | **O** |  | **X** | **X** | **O** | **X** | **O** |  | **X** | **X** | **O** | **X** | **X** | **X** |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **5** |  | **E. Williams** | **1.40** |  |  |  |  |  |  |  |  |  | **O** |  |  | **O** |  |  | **-**  |  |  | **X** | **O** |  | **X** | **X** | **O** | **X** | **X** | **X** |  |   |   |   |
| **6** |  | **J. Alexander** | **1.30** |  |  |  | **X** | **X** | **O** | **X** | **O** |  | **X** | **X** | **X** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **7** |  | **B. Stephen** | **1.25** | **O** |  |  | **O** |  |  | **O** |  |  | **O** |  |  | **O** |  |  | **X** | **X** | **X** |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **8** |  | **Z. Holloway** | **1.25** | **X** | **O** |  | **X** | **O** |  | **X** | **X** | **X** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **9** |  | **D. Leung** | **1.25** | **O** |  |  | **-**  |  |  | **O** |  |  | **-**  |  |  | **O** |  |  | **X** | **X** | **X** |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **10** |  | **S. Maughan** | **1.40** |  |  |  |  |  |  |  |  |  | **O** |  |  | **X** | **O** |  | **O** |  |  | **O** |  |  | **X** | **X** | **O** | **X** | **X** | **X** |  |   |   |   |
| **11** |  | **S. Malcolm** | **1.25** | **X** | **X** | **O** | **O** |  |  | **O** |  |  | **X** | **O** |  | **X** | **r** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
| **12** |  | **M. Nisbet**  | **1.30** |  |  |  | **O** |  |  | **O** |  |  | **O** |  |  | **X** | **O** |  | **X** | **O** |  | **X** | **X** | **X** |  |  |  |  |  |  |  |   |   |   |
|  |  | **Jump off if needed** | **.** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
|  |  |  | **.** | **O** |  |  | **X** |  |  | **X** |  |  | **O** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |
|  |  |  |   | **O** |  |  | **X** |  |  | **X** |  |  | **X** |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |   |   |   |