

4x100 Men Overall 2025 to 44.0

Rank	Perf	PB	Name	Venue	Date
6	40.69	40.22	Thames Valley H Senior Team	Eton	31-May-25
7	40.83	40.56	Harrow Senior Team	Eton	31-May-25
8	40.86	40.86 PB	Sheffield & Dearne Senior Team	Eton	31-May-25
9	40.93	40.58	Shaftesbury Barnet Senior Team	Eton	31-May-25
15	41.67	39.86	Birchfield Senior Team	Eton	31-May-25
16	41.82	41.27	Windsor, Slough, Eton & Hounslow Senior Team	Eton	31-May-25
19	42.16	41.62	Herne Hill Senior Team	Chelmsford	31-May-25
20	42.18	42.18 PB	Cambridge H Senior Team	Cambridge	17-May-25
29	42.72	41.7	Hercules Wimbledon Senior Team	Portsmouth	17-May-25
35	42.97	41.4	Trafford Senior Team	York	31-May-25
37	43	39.8	Sale H Manchester Senior Team	York	31-May-25
39	43.1	41.61	Liverpool H Senior Team	York	31-May-25
40	43.18	42.05	Medway & Maidstone Senior Team	Finsbury Park	17-May-25
42	43.23	42.56	Eastbourne Senior Team	Crawley	10-May-25
43	43.27	40.12	Woodford Green with Essex Ladies Senior Team	Stevenage	17-May-25
46	43.31	42.27	Yeovil Senior Team	Yeovil	31-May-25
47	43.36	40.34	Blackheath & Bromley Senior Team	Chelmsford	31-May-25
48	43.4	42.21	London Heathside Senior Team	Finsbury Park	17-May-25
48	43.4	42.72	Brighton & Hove Senior Team	Finsbury Park	17-May-25
52	43.46	42.49	Gateshead U20 Team	Sheffield	25-May-25
53	43.55	42.47	Newham & Essex Beagles U20 Team	Tooting Bec	25-May-25
53	43.55	42.11	Crawley Senior Team	Poole	31-May-25
55	43.57	43.57 PB	Herts Phoenix Senior Team	Chelmsford	31-May-25
56	43.68	43.68 PB	Dacorum Senior Team	Dartford	17-May-25
58	43.8	43.53	Ipswich/Colchester & Tendring Senior Team	Finsbury Park	17-May-25
58	43.8	43.8 PB	City of York Senior Team	York	31-May-25
60	43.82	42.06	Rugby & Northampton Senior Team	Rugby	17-May-25
62	43.9	42.26	Derby Senior Team	Doncaster	17-May-25
63	43.95	42.25	Bournemouth Senior Team	Poole	31-May-25

4x100 U20 Men 2025 to 46.0

Rank	Perf	PB	Name	Venue	Date
2	41.2	41.2 PB	Be Fit Today Track Academy U20 Team	Lee Valley	30-Apr-25
3	42.19	42.19 PB	Cambridge H U20 Team	Eltham	25-May-25
4	42.32	41.5	Birchfield U20 Team	Birmingham	27-Apr-25
5	42.34	42.34 PB	Rugby & Northampton U20 Team	Birmingham	27-Apr-25
6	42.62	42.62 PB	City of York U20 Team	Leeds (B)	27-Apr-25
7	42.68	42.49	Reading U20 Team	Bromley	27-Apr-25
8	42.76	42.76 PB	Medway & Maidstone U20 Team	Eltham	25-May-25
9	42.79	40.63	Croydon U20 Team	Woodford Green	27-Apr-25
10	42.92	42.01	Windsor, Slough, Eton & Hounslow U20 Team	Eton	25-May-25
11	42.98	41.72	Blackheath & Bromley U20 Team	Eton	25-May-25
12	43.46	42.49	Gateshead U20 Team	Sheffield	25-May-25
13	43.55	42.47	Newham & Essex Beagles U20 Team	Tooting Bec	25-May-25
14	43.73	43.73 PB	City of Portsmouth/Winchester U20 Team	Winchester	27-Apr-25
15	44.06	44.06 PB	SY Dons U20 Team U20M	Sheffield	25-May-25
16	44.1	44.1 PB	Highgate/Heathside U20 Team	Brighton	27-Apr-25
16	44.1	42.6	Team Avon U20 Team	Yate	27-Apr-25
18	44.22	44.22 PB	Walton U20 Team	Carshalton	27-Apr-25
19	44.23	43.83	Sheffield & Dearne U20 Team	Sheffield	25-May-25
20	44.47	44.47 PB	Solihull & Small Heath U20 Team	Birmingham	27-Apr-25
21	44.49	43.33	Marshall Milton Keynes U20 Team	Birmingham	27-Apr-25
22	44.69	43.73	Team West London U20 Team	Winchester	27-Apr-25
23	44.89	43.3	Tonbridge U20 Team	Tooting Bec	25-May-25
24	44.9	42.68	Sale H Manchester U20 Team	Leigh	25-May-25
25	44.93	42.48	Harrow & Dacorum U20 Team	Eton	25-May-25
26	45.1	43.5	Brighton & Hove U20 Team	Brighton	27-Apr-25
26	45.1	42.71	Coventry/Leamington U20 Team	Leamington	27-Apr-25
28	45.13	44.1	Sutton & District U20 Team	Carshalton	27-Apr-25
29	45.24	43.8	Basildon U20 Team	Eltham	25-May-25
30	45.25	41.89	Shaftesbury Barnet U20 Team	Eton	25-May-25
31	45.27	43.6	Team ATIP U20 Team	Tooting Bec	25-May-25
32	45.32	43.3	Preston U20 Team	Liverpool	27-Apr-25
33	45.4	43.24	Epsom & Ewell U20 Team	Brighton	27-Apr-25
34	45.44	44.5	Camberley/Woking U20 Team	Winchester	27-Apr-25
35	45.62	41.97	Liverpool H U20 Team	Liverpool	27-Apr-25
36	45.7	44.49	Havering U20 Team	Bromley	27-Apr-25
38	45.83	41.73	Woodford Green with Essex Ladies U20 Team	Eltham	25-May-25
40	45.91	43	Leeds City U20 Team	Leeds	27-Apr-25
41	46	43.7i	Wolverhampton & Bilston U20 Team	Stoke	27-Apr-25

4x100 U17 Men 2025 to 47.0

Rank	Perf	PB	Name	Venue	Date
1	42.77	41.7	Croydon U17 Team	Eltham	25-May-25
2	43.28	43.28 PB	Coventry/Leamington U17 Team	Derby	25-May-25
3	43.85	42.21	Blackheath & Bromley U17 Team	Eton	25-May-25
4	44.18	44.18 PB	Cheltenham U17 Team	Cardiff	25-May-25
5	44.27	44.27 PB	Crawley U17 Team	Woodford Green	27-Apr-25
6	44.32	42.7	Cambridge H U17 Team	Eltham	25-May-25
7	44.34	42.46	Woodford Green Essex Ladies U17 Team	Eltham	25-May-25
8	44.37	41.23	Shaftesbury Barnet U17 Team	Bromley	27-Apr-25
9	44.38	43.37	Haverling U17 Team	Bromley	27-Apr-25
10	44.54	42.37	Rugby & Northampton U17 Team	Birmingham	27-Apr-25
11	44.65	44.65 PB	Northampton U17 Team	Birmingham	27-Apr-25
12	44.7	44.56	Highgate/Heathside U17 Team	Brighton	27-Apr-25
13	44.83	42.38	Reading U17 Team	Eton	25-May-25
13	44.83	43.38	Windsor, Slough, Eton & Hounslow U17 Team	Eton	25-May-25
15	44.89	43.06	Harrow & Dacorum U17 Team	Eton	25-May-25
16	44.9	44.8	Crewe & Nantwich U17 Team	Blackpool	27-Apr-25
17	44.92	44.21	Team Avon U17 Team	Cardiff	25-May-25
18	45.1	43.7	Notts U17 Team	Birmingham	27-Apr-25
19	45.1	45.1 PB	Colchester & Tendring U17 Team	Bury St. Edmunds	27-Apr-25
20	45.14	43.87	Team West London U17 Team	Winchester	27-Apr-25
21	45.15	43.8	Marshall Milton Keynes U17 Team	Rugby	25-May-25
22	45.25	45.25 PB	Dwain Chambers Sprint Club U17 Team U17M	Lee Valley	30-Apr-25
24	45.58	45.24	Rushcliffe U17 Team	Mansfield	11-May-25
25	45.7	44.1	City of Norwich U17 Team	Bury St. Edmunds	25-May-25
27	45.8	44.7	Wolverhampton & Bilston U17 Team	Stoke	27-Apr-25
28	45.83	42.7	Herne Hill U17 Team	Tooting Bec	25-May-25
29	45.88	42.9	Birchfield U17 Team	Birmingham	27-Apr-25
30	45.9	41.25	London Heathside U17 Team	Perivale	03-May-25
31	45.93	42.99	Gateshead U17 Team	Leeds (B)	27-Apr-25
32	45.95	44.1	Camberley/Woking U17 Team	Woking	25-May-25
34	46.24	44.79	City of York U17 Team	Sheffield	25-May-25
36	46.4	44.5	Ipswich U17 Team	Colchester	18-May-25
36	46.4	45.79	Stevenage & North Herts U17 Team	Ware	18-May-25
38	46.46	44.74	City of Portsmouth/Winchester U17 Team	Winchester	27-Apr-25
39	46.48	46.48 PB	Harrogate U17 Team	Leeds	27-Apr-25
40	46.49	46.49 PB	Wigan & District U17 Team	Liverpool	27-Apr-25
40	46.49	44.1	Tonbridge U17 Team	Tooting Bec	25-May-25
42	46.5	44	Medway & Maidstone U17 Team	Eltham	25-May-25
43	46.5	44.13	Epsom & Ewell U17 Team	Brighton	27-Apr-25
43	46.5	46.5 PB	Orion/Ilford U17 Team	Watford	18-May-25
45	46.53	45.2	Sheffield & Dearne U17 Team	Leeds (B)	27-Apr-25
46	46.57	46.57 PB	Burton U17 Team	Derby	25-May-25
47	46.6	45.56	Walton U17 Team	Hillingdon	25-May-25
48	46.6	44.5	Thurrock U17 Team	Ware	18-May-25
49	46.61	45.53	Yate U17 Team	Yate	18-May-25
50	46.8	44.2	Peterborough & Nene Valley U17 Team	Bury St. Edmunds	25-May-25

51	46.8	46.8 PB	Cornwall AC U17 Team	Par	10-May-25
51	46.8	46.3	Banbury U17 Team	Sutton Coldfield	18-May-25
53	46.85	46.42	Team ATIP U17 Team	Tooting Bec	25-May-25
54	46.9	46.9 PB	Momentum U17 Team U17M	Tooting Bec	06-Apr-25
55	47	44.86	Harlow U17 Team	Ware	18-May-25

4x100 U15 Men 2025 to 50.0

Rank	Perf	PB	Name	Venue	Date
1	45.35	44.8	Woodford Green Essex Ladies U15 Team	Woodford Green	03-May-25
4	46.73	45.41	Birchfield U15 Team	Milton Keynes	01-Jun-25
5	46.9	44.28	Croydon U15 Team	Hornchurch	03-May-25
7	47.23	44.5	Blackheath & Bromley U15 Team	Woodford Green	03-May-25
8	47.51	45.61	Herne Hill U15 Team	Woodford Green	03-May-25
9	47.53	45	Cambridge H U15 Team	Ashford	26-Apr-25
9	47.53	45.2	Reading U15 Team	Woodford Green	03-May-25
11	47.7	44.06	Shaftesbury Barnet U15 Team	Watford	18-May-25
12	47.75	46.4	Gateshead U15 Team	Shildon	18-May-25
13	47.9	46.3	Tonbridge U15 Team	Ashford	26-Apr-25
14	47.9	44.62	Sale H Manchester U15 Team	Stretford	01-Jun-25
16	48.1	46.44	Cardiff U15 Team	Gloucester	03-May-25
17	48.31	47.24	Eastbourne U15 Team	Crawley	10-May-25
18	48.4	45.69	Rugby & Northampton U15 Team	Milton Keynes	01-Jun-25
19	48.5	47.7	Blackburn U15 Team	Blackburn	01-Jun-25
21	48.8	46.71	Sutton & District U15 Team	Tooting Bec	06-Apr-25
22	48.9	46.5	Ashford U15 Team	Bromley	18-May-25
23	48.92	45.31	Hercules Wimbledon U15 Team	Wimbledon	28-May-25
24	48.99	48.99 PB	Momentum U15 Team U15M	Eton	03-May-25
25	49	46.8	Hillingdon U15 Team	Guildford	18-May-25
25	49	44.82	Havering U15 Team	Watford	18-May-25
27	49.07	49.07 PB	London Heathside U15 Team	Perivale	03-May-25
28	49.15	45	Marshall Milton Keynes U15 Team	Milton Keynes	01-Jun-25
29	49.19	46.01	City of York U15 Team	York	01-Jun-25
31	49.26	49.26 PB	Folkestone U15 Team	Ashford	26-Apr-25
32	49.27	46.99	Solihull & Small Heath U15 Team	Milton Keynes	01-Jun-25
33	49.28	48.2	North Shields Poly U15 Team	Shildon	18-May-25
34	49.45	46.7	Crawley U15 Team	Crawley	10-May-25
35	49.48	46.8	Dacorum U15 Team	Eton	03-May-25
36	49.6	48.27	Gloucester U15 Team	Yate	18-May-25
37	49.6	48.4	Huntingdonshire U15 Team	Cambridge	27-Apr-25
38	49.64	45.04	Cheltenham U15 Team	Swansea	01-Jun-25
39	49.66	46.6	Leeds City U15 Team	York	01-Jun-25
41	49.7	46.22	Liverpool H U15 Team	Stretford	01-Jun-25
42	49.73	46.78	Cheshire U15 Team	York	26-May-25
43	49.8	46.6	Basingstoke & Mid Hants U15 Team	Guildford	18-May-25
43	49.8	48.18	Bournemouth/New Forest Juniors U15 Team	Poole	01-Jun-25
43	49.8	48.2	Winchester U15 Team	Poole	01-Jun-25
46	49.83	48.8	East Grinstead U15 Team	Crawley	10-May-25
48	49.89	49	Swindon U15 Team	Swindon	27-Apr-25
50	50	47.39	Bristol & West/Mendip U15 Team	Aberdare	03-May-25
50	50	48.2	Telford U15 Team	Telford	01-Jun-25

4x100 Women Overall 2025 England to 52.0

Rank	Perf	PB	Name	Venue	Date
1	45.09	45.09 PB	Thames Valley H Senior Team	Eton	31-May-25
3	45.62	45.62 PB	Harrow Senior Team	Eton	31-May-25
5	46.98	44.72	Shaftesbury Barnet Senior Team	Eton	31-May-25
8	47.32	45.23	Woodford Green with Essex Ladies Senior Team	Eton	31-May-25
9	47.33	47.12	Sheffield & Dearne Senior Team	Eton	31-May-25
14	47.75	47.75 PB	Chelmsford Senior Team	Chelmsford	31-May-25
17	47.97	45.15	Blackheath & Bromley Senior Team	Chelmsford	31-May-25
19	48.02	47.34	Herne Hill Senior Team	Chelmsford	31-May-25
25	48.39	48.39 PB	Havering Senior Team	Chelmsford	31-May-25
26	48.4	48.4 PB	Derby Senior Team	Doncaster	17-May-25
33	48.81	45.74	Windsor, Slough, Eton & Hounslow Senior Team	Eton	31-May-25
34	48.88	48.43	Medway & Maidstone Senior Team	Finsbury Park	17-May-25
36	48.9	48.8	Cannock & Stafford Senior Team	Burton	17-May-25
45	49.28	48.45	Tonbridge Senior Team	Poole	31-May-25
46	49.3	49.3 PB	Southport Waterloo Senior Team	Blackburn	17-May-25
49	49.46	49.31	Victoria Park & Tower Hamlets Senior Team	Stevenage	17-May-25
50	49.49	47.25	Herts Phoenix Senior Team	Chelmsford	31-May-25
55	49.58	47.4	Notts Senior Team	York	31-May-25
58	49.62	47.53	Edge Hill Uni Senior Team	Sportcity	05-May-25
59	49.63	47.17	Crawley Senior Team	Poole	31-May-25
63	49.9	48.37	Isle of Man Senior Team	Blackburn	17-May-25
72	50	48.6	City of York Senior Team	Doncaster	17-May-25
80	50.22	48.9	Cambridge H Senior Team	Dartford	17-May-25
81	50.28	47.94	Yate Senior Team	Yeovil	31-May-25
82	50.3	49.3	Stoke Senior Team	Stoke	17-May-25
85	50.42	49.01	Bracknell Senior Team	Hornchurch	17-May-25
89	50.46	49.65	Liverpool Uni Senior Team	Sportcity	04-May-25
90	50.5	50.2	City of Norwich Senior Team	Hornchurch	17-May-25
94	50.54	48.11	Liverpool H Senior Team	York	31-May-25
95	50.56	49.8	Walton Senior Team	Portsmouth	17-May-25
96	50.6	50	Preston Senior Team	Leigh	17-May-25
98	50.61	50.61 PB	Nottingham Uni Senior Team	Bury	26-Mar-25
99	50.62	49.43	Hercules Wimbledon Senior Team	Portsmouth	17-May-25
102	50.63	46.05	Trafford Senior Team	York	31-May-25
109	50.8	50.4	Blackburn Senior Team	Blackburn	17-May-25
118	50.93	50.27	Yeovil Olympiads Senior Team	Yeovil	31-May-25
121	51	49	Sutton & District Senior Team	Carshalton	17-May-25
124	51.02	50.2	London Heathside Senior Team	Finsbury Park	17-May-25
125	51.04	51.04 PB	Southampton Uni Senior Team	Sportcity	04-May-25
126	51.09	51.09 PB	Manchester Met Uni Senior Team	Sportcity	04-May-25
135	51.4	49.8	Northampton Senior Team	Horspath	17-May-25
135	51.4	50.1	Peterborough & Nene Valley Senior Team	Peterborough	17-May-25
140	51.42	51.4	Eastbourne Senior Team	Crawley	11-May-25
140	51.42	49.97	Basingstoke & Mid Hants Senior Team	Basingstoke	17-May-25
140	51.42	50.4	Wycombe Phoenix Senior Team	Basingstoke	17-May-25
143	51.44	49.33	City of Portsmouth Senior Team	Portsmouth	17-May-25
146	51.46	44.52	Birchfield Senior Team	Worcester	17-May-25
147	51.47	50.86	Warwick Uni Senior Team	Sportcity	04-May-25
148	51.48	49.14	Sheffield & Dearne U20 Team	Leeds (B)	27-Apr-25
149	51.5	49.9	Brighton & Hove Senior Team	Finsbury Park	17-May-25
150	51.5	49.3	Cambridge H U15 Team	Bromley	18-May-25

150	51.5	50.2	Liverpool H U15 Team	Stretford	01-Jun-25
152	51.55	48.95	Birchfield U17 Team	Rugby	25-May-25
153	51.6	49.1	Epsom & Ewell Senior Team	Hornchurch	17-May-25
154	51.6	51.5	Burton Senior Team	Burton	17-May-25
154	51.6	49.29	Swindon Senior Team	Kingston	17-May-25
154	51.6	51.6 PB	Mansfield Senior Team	Rotherham	17-May-25
154	51.6	48.8	Tamworth Senior Team	Stoke	17-May-25
162	51.63	50.2	Dartford Senior Team	Dartford	17-May-25
166	51.8	50.6	Doncaster Senior Team	Doncaster	17-May-25
166	51.8	51.8 PB	Maidenhead SW Team SW	Kingston	17-May-25
176	51.91	48.69	Kingston & Poly Senior Team	Portsmouth	17-May-25
176	51.91	51.5	Dartford U17 Team	Kingston	25-May-25
178	51.92	50	Ipswich & Colchester & Tendring Senior Team	Finsbury Park	17-May-25

4x100 U20 Women 2025 England to 52.0

Rank	Perf	PB	Name	Venue	Date
1	46.28	46.28 PB	Birchfield U20 Team	Birmingham	27-Apr-25
2	47.66	47.66 PB	Be Fit Today U20 Team	Lee Valley	30-Apr-25
3	48.11	48.11 PB	Rugby & Northampton U20 Team	Birmingham	27-Apr-25
4	48.21	46.18	Blackheath & Bromley U20 Team	Eton	25-May-25
5	48.75	46.31	Shaftesbury Barnet U20 Team	Bromley	27-Apr-25
5	48.75	46.73	Croydon U20 Team	Woodford Green	27-Apr-25
5	48.75	48.71	Notts U20 Team	Rugby	25-May-25
8	49.08	48.75	City of Portsmouth/Winchester U20 Team	Woking	25-May-25
9	49.19	46.91	Woodford Green with Essex Ladies U20 Team	Woodford Green	27-Apr-25
10	49.32	47.69	Havering U20 Team	Bromley	27-Apr-25
11	49.4	48.71	Cannock & Stafford U20 Team	Tipton	25-May-25
12	49.52	48.11	Gateshead U20 Team	Sheffield	25-May-25
13	49.58	47.25	Harrow & Dacorum U20 Team	Eton	25-May-25
14	49.9	49.9 PB	Kingston & Poly / St. Mary's U20 Team	Brighton	27-Apr-25
15	49.99	48.9	Cambridge H U20 Team	Eltham	25-May-25
16	50.03	49.58	Reading U20 Team	Bromley	27-Apr-25
17	50.1	49.52	City of York U20 Team	Leeds (B)	27-Apr-25
18	50.43	47.39	Windsor, Slough, Eton & Hounslow U20 Team	Eton	25-May-25
19	50.5	50.5 PB	HgateHeath U20 Team U20W	Brighton	27-Apr-25
20	50.62	50.62 PB	Highgate/Heathside U20 Team	Kingston	25-May-25
21	50.7	49.47	Charnwood U20 Team	Leamington	27-Apr-25
22	50.74	50.27	Leeds City U20 Team	Leeds	27-Apr-25
23	50.9	50.2	Bolton U20 Team	Macclesfield	25-May-25
24	50.97	49.84	Solihull & Small Heath U20 Team	Birmingham	27-Apr-25
25	50.98	48.69	Team Avon U20 Team	Yate	27-Apr-25
26	51.01	50.39	Medway & Maidstone U20 Team	Eltham	25-May-25
27	51.2	49.5	Wigan & District U20 Team	Liverpool	27-Apr-25
28	51.2	51.2 PB	Burton U20 Team	Leamington	27-Apr-25
29	51.35	50.21	SY Dons U20 Team U20W	Leeds (B)	27-Apr-25
30	51.48	49.14	Sheffield & Dearne U20 Team	Leeds (B)	27-Apr-25
31	51.6	51.6 PB	Blackburn U20 Team	Leigh	25-May-25
32	51.68	49.99	Team West London U20 Team	Winchester	27-Apr-25
32	51.68	49.7	Sutton & District U20 Team	Hillingdon	25-May-25
34	51.87	49.2	Crawley U20 Team	Eltham	25-May-25
35	51.96	45.75	Guildford & Godalming U20 Team	Carshalton	27-Apr-25

4x100 U17 Women 2025 England to 53.0

Rank	Perf	PB	Name	Venue	Date
1	47.3	47.3 PB	Shaftesbury Barnet U17 Team	Cambridge	13-Apr-25
2	47.6	47.6 PB	Chelmsford U17 Team	Norwich	13-Apr-25
3	47.68	46.35	Blackheath & Bromley U17 Team	Bromley	27-Apr-25
4	47.8	47.8 PB	Bedford & County U17 Team	Norwich	13-Apr-25
5	48	47.32	Croydon U17 Team	Woodford Green	27-Apr-25
6	48.1	48.1 PB	Thurrock U17 Team	Grays	13-Apr-25
7	48.14	47.37	Rugby & Northampton U17 Team	Birmingham	27-Apr-25
8	48.6	48.6 PB	City of Norwich U17 Team	Norwich	13-Apr-25
9	48.89	48.29	Woodford Green Essex Ladies U17 Team	Eltham	25-May-25
10	48.9	48.9 PB	Trafford U17 Team	Stretford	27-Mar-25
10	48.9	48.9 PB	SNHAC/HAWCS U17 Team U17W	Norwich	13-Apr-25
12	49	49 PB	Harlow U17 Team	Cambridge	13-Apr-25
13	49.1	49.1 PB	Bolton U17 Team	Blackpool	27-Apr-25
14	49.12	49.05	City of York U17 Team	Sheffield	25-May-25
15	49.5	48.87	Havering U17 Team	Grays	13-Apr-25
16	49.53	48.62	Epsom & Ewell U17 Team	Kingston	25-May-25
17	49.61	48.6	Herne Hill U17 Team	Tooting Bec	25-May-25
18	49.64	49.64 PB	Barnet / Shaftesbury Barnet U17 Team	Eton	25-May-25
19	49.84	49.84 PB	Harrow & Dacorum U17 Team	Eton	25-May-25
20	49.9	47.61	Cambridge H U17 Team	Woodford Green	27-Apr-25
21	49.9	49.59	Ipswich U17 Team	Cambridge	13-Apr-25
21	49.9	49.55	Orion U17 Team	Grays	13-Apr-25
21	49.9	49.9 PB	Colchester H U17 Team	Norwich	13-Apr-25
24	50	49.13	West Suffolk U17 Team	Norwich	13-Apr-25
25	50.1	49	Liverpool H U17 Team	Connah's Quay	25-May-25
26	50.2	50.2 PB	Hercules Wimbledon U17 Team	Wimbledon	26-Apr-25
27	50.33	48.37	Windsor, Slough, Eton & Hounslow U17 Team	Eton	25-May-25
28	50.44	49.16	Notts U17 Team	Rugby	25-May-25
29	50.5	50.2	Bracknell U17 Team	Hillingdon	13-Apr-25
30	50.51	48.01	Victoria Park & Tower Hamlets U17 Team	Tooting Bec	25-May-25
31	50.6	49.5	Herts Phoenix U17 Team	Cambridge	13-Apr-25
32	50.62	48.89	Crawley U17 Team	Crawley	11-May-25
33	50.72	47.77	Gateshead U17 Team	Leeds (B)	27-Apr-25
34	50.82	50.82 PB	SY Dons U17 Team U17W	Sheffield	25-May-25
35	50.9	49.4	Kingston upon Hull U17 Team	Leeds (B)	27-Apr-25
36	50.9	50.5	West Cheshire U17 Team	Blackburn	27-Apr-25
37	50.91	50.91 PB	Dwain Chambers Sprint Club U17 Team U17W	Lee Valley	30-Apr-25
38	51.44	49.42	Team Avon U17 Team	Cardiff	25-May-25
38	51.44	50.47	Coventry/Leamington U17 Team	Derby	25-May-25
40	51.55	48.95	Birchfield U17 Team	Rugby	25-May-25
41	51.6	48.75	Coventry Godiva U17 Team	Stourport	18-May-25
42	51.8	51.4	Team Bath U17 Team	Yate	18-May-25
43	51.82	50	Cheltenham U17 Team	Yate	18-May-25
44	51.9	50.6	Wigan & District U17 Team	Connah's Quay	25-May-25
45	51.9	50.5	Brighton & Hove U17 Team	Brighton	27-Apr-25
46	51.91	51.5	Dartford U17 Team	Kingston	25-May-25
47	51.94	48.95	Medway & Maidstone U17 Team	Woodford Green	27-Apr-25
48	52.02	47.48	Be Fit Today U17 Team	Lee Valley	30-Apr-25
49	52.1	52.1 PB	SS Athletics/Enfield U17 Team U17W	Grays	13-Apr-25

50	52.14	52.14 PB	Waverley AC U17 Team	Hillingdon	25-May-25
51	52.17	51.9	Hillingdon U17 Team	Hillingdon	25-May-25
52	52.23	47.51	Marshall Milton Keynes U17 Team	Rugby	25-May-25
53	52.3	50.5	Colchester & Tendring U17 Team	Cambridge	13-Apr-25
53	52.3	51.94	HGateHeath U17 Team U17W	Brighton	27-Apr-25
53	52.3	51.5	Huntingdonshire U17 Team	Colchester	25-May-25
56	52.4	51.11	Northampton U17 Team	Birmingham	27-Apr-25
57	52.4	51.8	Cambridge & Coleridge U17 Team	Cambridge	13-Apr-25
57	52.4	52.2	Watford U17 Team	Cambridge	13-Apr-25
57	52.4	52.2	Stevenage & North Herts U17 Team	Ware	18-May-25
60	52.44	49.41	Reading U17 Team	Eton	25-May-25
61	52.58	48.49	Guildford & Godalming U17 Team	Hillingdon	25-May-25
62	52.6	49.81	Tamworth U17 Team	Sutton Coldfield	18-May-25
63	52.69	50.31	Derby U17 Team	Derby	25-May-25
64	52.7	50.6	BRAT U17 Team	Sutton Coldfield	18-May-25
64	52.7	51.8	Radley U17 Team	Abingdon	25-May-25
66	52.77	52.77 PB	Hertford & Ware U17 Team	Stevenage	05-May-25
67	52.8	51.7	Rushcliffe U17 Team	Mansfield	10-May-25
68	52.9	51.7	Stratford-upon-Avon U17 Team	Sutton Coldfield	18-May-25
69	52.92	50.34	Sheffield & Dearne U17 Team	Sheffield	25-May-25
69	52.92	51.02	Team ATIP U17 Team	Tooting Bec	25-May-25
71	53	53 PB	Stroud U17 Team	Gloucester	11-May-25

4x100 U15 Women 2025 England to 53.5

Rank	Perf	PB	Name	Venue	Date
1	48.63	48.28	Be Fit Today U15 Team	Lee Valley	30-Apr-25
2	49.5	47.61	Croydon U15 Team	Hornchurch	03-May-25
3	49.9	49.9 PB	Blackburn U15 Team	Blackburn	03-May-25
3	49.9	49.9 PB	Victoria Park & Tower Hamlets U15 Team	Hornchurch	03-May-25
5	50	50 PB	Medway & Maidstone U15 Team	Bromley	18-May-25
6	50.04	48.22	Woodford Green Essex Ladies U15 Team	Woodford Green	03-May-25
7	50.3	46.8	Chelmsford U15 Team	Norwich	13-Apr-25
8	50.42	48.21	Blackheath & Bromley U15 Team	Woodford Green	03-May-25
9	50.68	49.3	Rugby & Northampton U15 Team	Milton Keynes	01-Jun-25
10	50.7	50.7 PB	BRAT U15 Team	Sutton Coldfield	18-May-25
11	50.79	50.79 PB	Epsom & Ewell U15 Team	Guildford	01-Jun-25
12	50.86	50.86 PB	Cheltenham U15 Team	Swansea	01-Jun-25
13	50.9	48.47	Herne Hill U15 Team	Wimbledon	26-Apr-25
13	50.9	49	Sale H Manchester U15 Team	Stretford	01-Jun-25
15	51	51 PB	SNHAC/HAWCS U15 Team U15W	Norwich	13-Apr-25
16	51.1	51.1 PB	HY AC U15W Team	Brighton	23-May-25
17	51.26	50.54	Hercules Wimbledon U15 Team	Wimbledon	28-May-25
18	51.3	48.93	Shaftesbury Barnet U15 Team	Cambridge	13-Apr-25
18	51.3	49.8	Basingstoke & Mid Hants U15 Team	Guildford	18-May-25
20	51.4	51.4 PB	SS Athletics/Enfield U15 Team U17W	Grays	13-Apr-25
20	51.4	50.84	Bedford & County U15 Team	Norwich	13-Apr-25
22	51.41	50.11	Windsor, Slough, Eton & Hounslow U15 Team	Eton	03-May-25
23	51.5	49.3	Cambridge H U15 Team	Bromley	18-May-25
23	51.5	50.2	Liverpool H U15 Team	Stretford	01-Jun-25
25	51.6	51.6 PB	Tamworth U15 Team	Sutton Coldfield	18-May-25
26	51.8	49.49	Havering U15 Team	Grays	13-Apr-25
26	51.8	49.9	Preston U15 Team	Stretford	01-Jun-25
28	51.88	50.11	Bracknell U15 Team	Woodford Green	03-May-25
29	51.96	49.89	City of York U15 Team	York	01-Jun-25
30	52	49.13	Reading U15 Team	Hillingdon	13-Apr-25
31	52.23	52.23 PB	Harrogate U15 Team	York	01-Jun-25
32	52.32	48.97	Birchfield U15 Team	Milton Keynes	01-Jun-25
33	52.37	49.13	Harrow U15 Team	Lee Valley	30-Apr-25
34	52.4	51.2	Colchester H U15 Team	Norwich	13-Apr-25
35	52.5	49.9	Hillingdon U15 Team	Hillingdon	13-Apr-25
35	52.5	51.6	Wolverhampton & Bilston U15 Team	Telford	01-Jun-25
37	52.6	51.5	Ipswich U15 Team	Cambridge	13-Apr-25
37	52.6	51.3	Bristol & West/Mendip U15 Team	Aberdare	03-May-25
37	52.6	52.4	Invicta East Kent U15 Team	Bromley	18-May-25
37	52.6	50.66	Southampton U15 Team	Southampton	18-May-25
37	52.6	50.9	Crewe & Nantwich U15 Team	Blackburn	01-Jun-25
42	52.61	51.6	Leeds City U15 Team	Sheffield	03-May-25
43	52.63	51.1	Kingston upon Hull U15 Team	York	01-Jun-25
44	52.64	50.72	Sheffield & Dearne U15 Team	Sheffield	03-May-25
45	52.7	51.2	Winchester U15 Team	Winchester	03-May-25
46	52.8	49.92	City of Norwich U15 Team	Norwich	13-Apr-25

46	52.8	52.5	Stoke U15 Team	Telford	01-Jun-25
48	52.9	48.5	Crawley U15 Team	Brighton	23-May-25
49	53	51.7	Swindon U15 Team	Southampton	18-May-25
49	53	52.6	Burton U15 Team	Mansfield	01-Jun-25
49	53	51.4	Trafford U15 Team	Stretford	01-Jun-25
52	53.03	52.44	Blyth/Alnwick U15 Team	Whitley Bay	18-May-25
53	53.1	52.9	West Suffolk U15 Team	Norwich	13-Apr-25
53	53.1	51.99	Team Dorset U15 Team	Winchester	03-May-25
53	53.1	52.6	Wimborne U15 Team	Southampton	18-May-25
53	53.1	53.1 PB	Isle of Man U15 Team	Stretford	01-Jun-25
57	53.14	51.56	Chesterfield U15 Team	Derby	05-Apr-25
58	53.34	51.1	Gloucester U15 Team	Swansea	01-Jun-25
59	53.37	50.1	Notts U15 Team	Mansfield	10-May-25
60	53.41	52.6	Oxford City U15 Team	Eton	03-May-25
61	53.5	51.4	St Albans U15 Team	Grays	13-Apr-25
61	53.5	49.76	Basildon U15 Team	Grays	13-Apr-25

4x400 Men Overall 2025 England to 3:26.0

Rank	Perf	PB	Name	Venue	Date
1	03:12.4	03:09.6	Thames Valley H Senior Team	Eton	31-May-25
2	03:12.9	03:08.6	Windsor, Slough, Eton & Hounslow Senior Team	Eton	31-May-25
3	03:13.6	03:09.7	Sheffield & Dearne Senior Team	Eton	31-May-25
5	03:14.8	03:10.7	Blackheath & Bromley Senior Team	Chelmsford	31-May-25
7	03:15.2	03:09.8	Woodford Green with Essex Ladies Senior Team	Eton	31-May-25
8	03:15.8	03:07.3	Birchfield Senior Team	Eton	31-May-25
10	03:16.8	03:13.5	Harrow Senior Team	Eton	31-May-25
12	03:20.7	03:13.1	Herne Hill Senior Team	Chelmsford	31-May-25
13	03:21.7	03:04.2	Loughborough Uni Senior Team	Sportcity	04-May-25
16	03:22.4	3:07.30i	Sale H Manchester Senior Team	Blackburn	17-May-25
18	03:22.8	03:22.4	Cambridge H Senior Team	Cambridge	17-May-25
19	03:23.7	03:09.0	Shaftesbury Barnet Senior Team	Eton	31-May-25
20	03:24.4	03:12.7	Basingstoke & Mid Hants Senior Team	Basingstoke	17-May-25
21	03:24.8	03:16.7	Crawley Senior Team	Poole	31-May-25

4x400 Women Overall 2025 England to 4:15.0

Rank	Perf	PB	Name	Venue	Date
2	03:46.9	03:45.4	Harrow Senior Team	Eton	31-May-25
3	03:47.0	03:34.6	Birchfield Senior Team	Eton	31-May-25
4	03:49.1	03:40.5	Blackheath & Bromley Senior Team	Chelmsford	31-May-25
5	03:49.1	03:39.1	Windsor, Slough, Eton & Hounslow Senior Team	Eton	31-May-25
8	03:51.2	03:35.1	Thames Valley H Senior Team	Eton	31-May-25
10	03:54.5	03:53.9	City of York Senior Team	York	31-May-25
11	03:55.5	03:50.4	Herts Phoenix Senior Team	Chelmsford	31-May-25
12	03:58.0	3:32.46i	Belgrave Senior Team	Chelmsford	31-May-25
14	03:59.1	03:44.4	Woodford Green with Essex Ladies Senior Team	Eton	31-May-25
15	03:59.8	03:54.2	Yate Senior Team	Yeovil	31-May-25
17	04:01.8	03:38.9	Shaftesbury Barnet Senior Team	Eton	31-May-25
18	04:02.9	03:57.4	Cannock & Stafford Senior Team	Burton	17-May-25
19	04:03.8	04:00.0	West Cheshire Senior Team	Blackburn	17-May-25
20	04:04.3	03:58.3	Wycombe Phoenix Senior Team	Basingstoke	17-May-25
22	04:06.1	03:47.5	Herne Hill Senior Team	Chelmsford	31-May-25
25	04:08.3	03:49.2	Chelmsford Senior Team	Chelmsford	31-May-25
26	04:09.4	03:58.3	Guildford & Godalming Senior Team	Poole	17-May-25
27	04:09.6	04:02.6	Brighton & Hove Senior Team	Finsbury Park	17-May-25
28	04:09.8	04:06.6	Blackburn Senior Team	Blackburn	17-May-25
29	04:10.9	04:05.5	City of Norwich Senior Team	Hornchurch	17-May-25
30	04:11.2	03:49.8	Sheffield & Dearne Senior Team	Eton	31-May-25
31	04:11.6	03:53.1	Basingstoke & Mid Hants Senior Team	Yeovil	31-May-25
32	04:11.7	03:59.0	Oxford City Senior Team	Horspath	17-May-25
34	04:12.9	03:47.8	Liverpool H Senior Team	Connah's Quay	17-May-25
36	04:14.0	03:56.5	Bracknell Senior Team	Hornchurch	17-May-25
37	04:14.3	04:14.1	Newbury Senior Team	Poole	17-May-25
38	04:14.5	04:04.4	Yeovil Olympiads Senior Team	Yeovil	31-May-25
39	04:14.6	04:14.6 PB	Southwark Senior Team	Carshalton	17-May-25
40	04:14.9	04:09.3	Dacorum Senior Team	Dartford	17-May-25

4x400 U20 Mixed 2025 to 4:15.0

Rank	Perf	PB	Name	Venue	Date
2	03:39.0	03:35.9	Blackheath & Bromley U20 Mixed Team	Eton	25-May-25
3	03:39.0	03:33.9	Birchfield U20 Mixed Team	Birmingham	27-Apr-25
4	03:39.5	03:40.0 PB	Northampton U20 Mixed Team	Birmingham	27-Apr-25
5	03:40.0	03:40.4 PB	Shaftesbury Barnet U20 Mixed Team	Eton	25-May-25
6	03:41.8	03:41.8 PB	Woodford Green With Essex Ladies U20 Mixed Team	Woodford Green	27-Apr-25
7	03:41.9	03:41.9 PB	Crawley U20 Mixed Team	Woodford Green	27-Apr-25
8	03:43.1	03:43.1 PB	Reading U20 Mixed Team	Eton	25-May-25
9	03:44.5	03:44.5 PB	Gateshead U20 Mixed Team	Leeds (B)	27-Apr-25
10	03:44.9	03:44.9 PB	Trafford U20 Mixed Team	Liverpool	27-Apr-25
11	03:45.3	03:39.6	Team Avon U20 Mixed Team	Cardiff	25-May-25
12	03:45.5	03:45.5 PB	Harrow & Dacorum U20 Mixed Team	Bromley	27-Apr-25
13	03:46.1	03:37.5	Windsor, Slough, Eton & Hounslow U20 Mixed Team	Bromley	27-Apr-25
14	03:46.2	03:46.2 PB	City of York U20 Mixed Team	Leeds (B)	27-Apr-25
15	03:48.2	03:32.1	Rugby & Northampton Mixed U20 Team	Birmingham	27-Apr-25
16	03:48.6	03:48.6	Notts U20 Mixed Team	Birmingham	27-Apr-25
17	03:48.7	03:48.7 PB	Hereford U20 Mixed Team	Yate	27-Apr-25
18	03:50.4	03:50.4 PB	Marshall Milton Keynes U20 Mixed Team	Birmingham	27-Apr-25
19	03:50.4	03:50.4 PB	Guildford & Godalming U20 Mixed Team	Hillingdon	25-May-25
20	03:50.5	03:50.5 PB	Camberley U20 Mixed Team	Eltham	25-May-25
21	03:50.7	03:50.7 PB	Liverpool H U20 Mixed Team	Liverpool	27-Apr-25
22	03:51.1	03:51.1 PB	SY Dons U20 Mixed Team	Leeds (B)	27-Apr-25
23	03:51.2	03:51.2 PB	West Cheshire U20 Mixed Team	Blackburn	27-Apr-25
24	03:51.4	03:51.4 PB	Brighton & Hove U20 Mixed Team	Brighton	27-Apr-25
25	03:52.2	03:52.2 PB	Sutton & District U20 Mixed Team	Hillingdon	25-May-25
26	03:52.4	03:52.4 PB	Croydon U20 Mixed Team	Woodford Green	27-Apr-25
27	03:52.6	03:52.6 PB	Cardiff U20 Mixed Team	Yate	27-Apr-25
28	03:53.0	03:53.0 PB	Blackburn U20 Mixed Team	Blackburn	27-Apr-25
29	03:53.9	03:51.1	Team West London U20 Mixed Team	Woking	25-May-25
30	03:53.9	03:53.9 PB	Kingston & Poly / St. Mary's U20 Mixed Team	Brighton	27-Apr-25
31	03:55.1	03:49.4	City of Portsmouth/Winchester Mixed U20 Team	Woking	25-May-25
32	03:55.3	03:55.3 PB	Walton U20 Mixed Team	Carshalton	27-Apr-25
33	03:56.3	03:56.3 PB	Highgate/Heathside U20 Mixed Team	Brighton	27-Apr-25
34	03:57.7	03:53.4	North Wales U20 Mixed Team	Connah's Quay	25-May-25
35	03:57.8	03:57.8 PB	Wigan & District U20 Mixed Team	Liverpool	27-Apr-25
36	03:58.3	03:41.1	Medway & Maidstone Mixed U20 Team	Woodford Green	27-Apr-25
37	04:02.2	04:02.2 PB	Halesowen U20 Mixed Team	Stoke	27-Apr-25
38	04:02.4	04:02.4 PB	Team Sussex U20 Mixed Team	Brighton	27-Apr-25
39	04:03.0	04:03.0 PB	Tamworth U20 Mixed Team	Leamington	27-Apr-25
40	04:04.0	04:04.0 PB	Bolton U20 Mixed Team	Blackpool	27-Apr-25
41	04:04.2	03:57.4	Solihull & Small Heath U20 Mixed Team	Rugby	25-May-25
42	04:04.4	04:04.4 PB	Lancaster & Morecambe U20 Mixed Team	Blackburn	27-Apr-25
43	04:05.3	03:36.3	Wirral U20 Mixed Team	Liverpool	27-Apr-25
44	04:05.6	03:57.9	Cheltenham U20 Mixed Team	Cardiff	25-May-25
45	04:05.8	04:05.8 PB	Dudley & Stourbridge U20 Mixed Team	Tipton	25-May-25
46	04:06.2	03:58.5	Stoke U20 Mixed Team	Stoke	27-Apr-25
47	04:06.6	04:06.1	Bournemouth/New Forest Junior U20 Mixed Team	Winchester	27-Apr-25
48	04:06.8	04:06.8 PB	Tipton U20 Mixed Team	Stoke	27-Apr-25
49	04:07.8	04:07.8 PB	Leicester U20 Mixed Team	Derby	25-May-25
50	04:08.4	04:08.4 PB	Leeds City U20 Mixed Team	Sheffield	25-May-25
51	04:10.9	04:10.9 PB	Derby U20 Mixed Team	Derby	25-May-25
52	04:11.3	03:52.7	Team South Bucks U20 Mixed Team	Woking	25-May-25
53	04:14.7	04:12.1	Bexley U20 Mixed Team	Tooting Bec	25-May-25

4x400 U17 Men 2025 to 3:45.0

Rank	Perf	PB	Name	Venue	Date
1	03:29.2	03:29.2 PB	Reading U17 Team	Bromley	27-Apr-25
2	03:30.5	03:24.7	Blackheath & Bromley U17 Team	Bromley	27-Apr-25
3	03:30.9	03:30.9 PB	Cambridge H U17 Team	Eltham	25-May-25
4	03:31.4	03:27.4	Windsor, Slough, Eton & Hounslow U17 Team	Eton	25-May-25
5	03:36.1	03:25.9	Birchfield U17 Team	Rugby	25-May-25
6	03:36.4	03:36.4 PB	Camberley/Woking U17 Team	Woking	25-May-25
7	03:36.6	03:30.5	Havering U17 Team	Eton	25-May-25
8	03:37.1	03:37.1 PB	Harrogate U17 Team	Leeds	27-Apr-25
9	03:37.2	03:30.6	Trafford U17 Team	Liverpool	27-Apr-25
10	03:38.3	03:31.6	Croydon U17 Team	Woodford Green	27-Apr-25
11	03:38.6	03:38.6 PB	Walton U17 Team	Carshalton	27-Apr-25
12	03:39.1	03:25.8	Rugby & Northampton U17 Team	Rugby	25-May-25
13	03:39.3	03:32.6	Team Avon U17 Team	Cardiff	25-May-25
14	03:39.8	03:26.3	Woodford Green Essex Ladies U17 Team	Woodford Green	27-Apr-25
15	03:40.4	03:30.5	Harrow & Dacorum U17 Team	Eton	25-May-25
16	03:40.6	03:39.0	Cheltenham U17 Team	Cardiff	25-May-25
17	03:41.1	03:36.7	Wirral U17 Team	Liverpool	27-Apr-25
18	03:41.3	03:25.7	Medway & Maidstone U17 Team	Eltham	25-May-25
19	03:41.4	03:30.2	Marshall Milton Keynes U17 Team	Rugby	25-May-25
20	03:41.7	03:27.8	Shaftesbury Barnet U17 Team	Eton	25-May-25
21	03:41.7	03:41.7 PB	Highgate/Heathside U17 Team	Brighton	27-Apr-25
22	03:41.9	03:35.2	Crawley U17 Team	Eltham	25-May-25
23	03:41.9	03:40.7	Kingston upon Hull U17 Team	Leeds (B)	27-Apr-25
24	03:42.2	03:40.1	Epsom & Ewell U17 Team	Kingston	25-May-25
25	03:42.9	03:28.3	City of York U17 Team	Leeds (B)	27-Apr-25
26	03:43.0	03:43.0 PB	Team Sussex U17 Team	Brighton	27-Apr-25

4x300 U17 Women 2025 England to 3:18.0

Rank	Perf	PB	Name	Venue	Date
1	02:48.4	02:44.6	Blackheath & Bromley U17 Team	Bromley	27-Apr-25
2	02:49.7	02:49.7 PB	Kingston upon Hull U17 Team	Leeds (B)	27-Apr-25
3	02:50.9	02:50.9 PB	Cambridge H U17 Team	Eltham	25-May-25
4	02:51.2	02:51.2 PB	Woodford Green Essex Ladies U17 Team	Eltham	25-May-25
5	02:52.5	02:49.7	Marshall Milton Keynes U17 Team	Birmingham	27-Apr-25
6	02:52.5	02:50.6	Preston U17 Team	Liverpool	27-Apr-25
7	02:52.6	02:51.9	SY Dons U17 Team U17W	Sheffield	25-May-25
8	02:53.6	02:51.9	Crawley U17 Team	Eltham	25-May-25
9	02:54.0	02:52.1	Coventry/Leamington U17 Team	Leamington	27-Apr-25
10	02:54.3	02:49.6	Liverpool H U17 Team	Connah's Quay	25-May-25
11	02:54.5	02:54.5 PB	City of York U17 Team	Sheffield	25-May-25
12	02:56.3	02:54.1	Rugby & Northampton U17 Team	Birmingham	27-Apr-25
13	02:56.6	02:53.1	Cannock & Stafford U17 Team	Stoke	27-Apr-25
14	02:56.6	02:51.2	Team Avon U17 Team	Cardiff	25-May-25
15	02:56.9	02:52.6	Harrow & Dacorum U17 Team	Bromley	27-Apr-25
16	02:57.6	02:48.6	Reading U17 Team	Bromley	27-Apr-25
17	02:57.7	02:57.7 PB	Highgate/Heathside U17 Team	Kingston	25-May-25
18	02:57.8	02:57.8 PB	Kingston & Poly / St. Mary's U17 Team	Kingston	25-May-25
19	02:58.2	02:49.1	Birchfield U17 Team	Birmingham	27-Apr-25
20	02:58.5	02:55.1	Wirral U17 Team	Liverpool	27-Apr-25
21	02:58.9	02:54.0	Notts U17 Team	Rugby	25-May-25
22	02:59.3	02:59.3 PB	Bournemouth/New Forest Junior U17 Team	Woking	25-May-25
23	02:59.3	02:43.1	Windsor, Slough, Eton & Hounslow U17 Team	Bromley	27-Apr-25
24	02:59.7	02:56.0	Stoke U17 Team	Stoke	27-Apr-25
25	03:00.7	02:56.0	Brighton & Hove U17 Team	Brighton	27-Apr-25
26	03:00.8	02:46.4	Shaftesbury Barnet U17 Team	Eton	25-May-25
27	03:01.3	02:54.4	Croydon U17 Team	Woodford Green	27-Apr-25
28	03:01.6	02:52.4	Trafford U17 Team	Liverpool	27-Apr-25
29	03:01.6	02:59.3	Hillingdon U17 Team	Carshalton	27-Apr-25
30	03:02.9	02:52.0	Gateshead U17 Team	Leeds (B)	27-Apr-25
31	03:03.8	03:03.8 PB	Waverley U17 Team U17W	Carshalton	27-Apr-25
32	03:03.9	02:52.7	Sheffield & Dearne U17 Team	Leeds (B)	27-Apr-25
33	03:04.1	02:56.5	Wigan & District U17 Team	Liverpool	27-Apr-25
34	03:04.1	02:50.9	West Cheshire U17 Team	Leigh	25-May-25
35	03:04.4	02:41.3	City of Portsmouth/Winchester U17 Team	Winchester	27-Apr-25
36	03:05.2	02:50.7	Sale H Manchester U17 Team	Leigh	25-May-25
37	03:06.3	02:48.6	Haverling U17 Team	Bromley	27-Apr-25
38	03:06.8	02:51.7	Cheltenham U17 Team	Yate	27-Apr-25
39	03:07.7	02:56.3	Camberley/Woking U17 Team	Woking	25-May-25
40	03:08.2	02:50.1	Epsom & Ewell U17 Team	Kingston	25-May-25
41	03:08.6	02:50.5	Solihull & Small Heath U17 Team	Rugby	25-May-25
42	03:08.7	02:47.2	Guildford & Godalming U17 Team	Hillingdon	25-May-25
43	03:09.3	02:58.5	HGateHeath U17 Team U17W	Brighton	27-Apr-25
44	03:09.4	03:09.4 PB	Hertford & Ware U17 Team	Stevenage	05-May-25
45	03:09.6	03:02.3	Bolton U17 Team	Blackpool	27-Apr-25
46	03:11.6	03:11.6 PB	Harrogate U17 Team	Leeds	27-Apr-25
47	03:13.7	02:53.9	Northampton U17 Team	Rugby	25-May-25
48	03:15.0	03:08.0	Blackburn U17 Team	Blackburn	27-Apr-25
49	03:17.2	02:59.3	Charnwood U17 Team	Leamington	27-Apr-25

4x300 U15 Men 2025 England to 3:00.0

Rank	Perf	PB	Name	Venue	Date
1	02:41.2	02:34.7	Team Dorset U15 Team	Poole	01-Jun-25
1	02:41.2	02:37.4	Preston U15 Team	Stretford	01-Jun-25
3	02:41.2	02:35.0	Reading U15 Team	Woodford Green	03-May-25
4	02:43.0	02:40.0	Chichester U15 Team	Poole	01-Jun-25
5	02:45.3	02:44.1	Wirral U15 Team	Stretford	01-Jun-25
6	02:46.2	02:36.5	Croydon U15 Team	Hornchurch	03-May-25
7	02:47.0	02:43.2	Walton U15 Team	Guildford	01-Jun-25
8	02:47.1	02:47.1 PB	Burton U15 Team	Mansfield	01-Jun-25
9	02:47.6	02:44.8	Liverpool H U15 Team	Stretford	01-Jun-25
10	02:47.7	02:38.4	Charnwood U15 Team	Rugby	03-May-25
11	02:47.9	02:47.4	Brighton & Hove U15 Team	Brighton	01-Jun-25
12	02:48.0	02:35.1	Tonbridge U15 Team	Bromley	18-May-25
13	02:48.0	02:44.1	City of York U15 Team	York	01-Jun-25
14	02:48.2	02:38.3	Ashford U15 Team	Bromley	18-May-25
15	02:48.4	02:40.7	Woodford Green Essex Ladies U15 Team	Woodford Green	03-May-25
16	02:48.5	02:38.3	Cambridge H U15 Team	Brighton	01-Jun-25
17	02:49.5	02:37.5	Cheltenham U15 Team	Gloucester	03-May-25
18	02:49.5	02:33.7	Hallamshire H U15 Team	York	01-Jun-25
19	02:50.2	02:42.7	Guildford & Godalming U15 Team	Guildford	01-Jun-25
20	02:50.9	02:44.4	Isle of Man U15 Team	Stretford	01-Jun-25
20	02:50.9	02:45.7	Worcester U15 Team	Telford	01-Jun-25
22	02:51.2	02:45.0	S Factor U15 Team	Bromley	18-May-25
23	02:51.3	02:51.1	Border U15 Team	Carlisle	03-May-25
24	02:51.8	02:35.8	Rugby & Northampton U15 Team	Milton Keynes	01-Jun-25
25	02:51.8	02:33.4	Blackheath & Bromley U15 Team	Woodford Green	03-May-25
26	02:52.6	02:42.4	Exeter U15 Team	Exeter	03-May-25
27	02:52.6	02:45.9	Blackburn U15 Team	Blackburn	03-May-25
28	02:53.0	02:47.1	Hillingdon U15 Team	Guildford	01-Jun-25
29	02:53.3	02:47.4	Bournemouth/New Forest Juniors U15 Team	Winchester	03-May-25
30	02:53.3	02:38.6	Birchfield U15 Team	Milton Keynes	01-Jun-25
31	02:53.4	02:43.0	Marshall Milton Keynes U15 Team	Rugby	03-May-25
32	02:53.9	02:50.4	Gloucester U15 Team	Gloucester	03-May-25
33	02:54.8	02:48.4	Cannock & Stafford U15 Team	Telford	01-Jun-25
34	02:54.9	02:49.4	Telford U15 Team	Telford	01-Jun-25
35	02:55.5	02:35.9	Herne Hill U15 Team	Woodford Green	03-May-25
36	02:55.6	02:36.9	Epsom & Ewell U15 Team	Guildford	01-Jun-25
37	02:56.3	02:46.8	Swindon U15 Team	Swansea	01-Jun-25
38	02:56.8	02:37.1	Kingston & Poly U15 Team	Guildford	01-Jun-25
39	02:57.1	02:42.6	Winchester U15 Team	Poole	01-Jun-25
40	02:57.2	02:41.5	Victoria Park & Tower Hamlets U15 Team	Hornchurch	03-May-25
41	02:57.6	02:42.7	Southport Waterloo U15 Team	Blackburn	01-Jun-25
42	02:58.2	02:41.0	Solihull & Small Heath U15 Team	Milton Keynes	01-Jun-25
43	02:58.4	02:43.1	Notts U15 Team	Mansfield	01-Jun-25
44	02:58.6	02:45.6	Royal Sutton Coldfield U15 Team	Milton Keynes	01-Jun-25
45	02:58.7	02:39.6	Crawley U15 Team	Hastings	03-May-25
45	02:58.7	02:46.4	West Cheshire U15 Team	Blackburn	01-Jun-25
47	02:59.2	02:48.9	Harrogate U15 Team	York	01-Jun-25
48	02:59.6	02:41.0	Yate U15 Team	Gloucester	03-May-25

4x300 U15 Women 2025 England to 3:30.0

Rank	Perf	PB	Name	Venue	Date
1	02:48.3	02:48.3 PB	Preston U15 Team	Stretford	01-Jun-25
2	02:55.0	02:50.4	Rugby & Northampton U15 Team	Rugby	03-May-25
3	02:56.6	02:48.3	Blackheath & Bromley U15 Team	Woodford Green	03-May-25
4	02:57.6	02:51.3	Sale H Manchester U15 Team	Liverpool	03-May-25
5	02:59.6	02:49.7	Winchester U15 Team	Poole	01-Jun-25
6	02:59.8	02:59.8 PB	Blackburn U15 Team	Blackburn	03-May-25
7	02:59.8	02:53.3	Guildford & Godalming U15 Team	Guildford	01-Jun-25
8	03:00.7	02:53.4	Birchfield U15 Team	Rugby	03-May-25
9	03:01.1	02:56.3	City of York U15 Team	Sheffield	03-May-25
10	03:01.2	02:56.0	Team Dorset U15 Team	Poole	01-Jun-25
11	03:01.3	03:00.2	Croydon U15 Team	Hornchurch	03-May-25
12	03:01.8	02:50.5	West Cheshire U15 Team	Blackburn	03-May-25
12	03:01.8	03:01.8 PB	Dartford U15 Team	Brighton	01-Jun-25
14	03:02.6	02:58.2	Harrogate U15 Team	York	01-Jun-25
15	03:02.7	02:58.7	Brighton & Hove U15 Team	Brighton	01-Jun-25
16	03:02.9	02:53.1	Woodford Green Essex Ladies U15 Team	Woodford Green	03-May-25
17	03:03.1	02:59.6	Tamworth U15 Team	Nuneaton	01-Jun-25
18	03:03.3	02:54.8	Victoria Park & Tower Hamlets U15 Team	Hornchurch	03-May-25
19	03:03.5	02:58.1	Cheltenham U15 Team	Gloucester	03-May-25
20	03:03.6	02:52.6	Bracknell U15 Team	Woodford Green	03-May-25
21	03:03.6	02:56.0	Charnwood U15 Team	Milton Keynes	01-Jun-25
22	03:04.3	02:59.5	Swindon U15 Team	Swansea	01-Jun-25
23	03:04.4	02:53.8	Hallamshire H U15 Team	Sheffield	03-May-25
24	03:04.5	03:04.5 PB	S Factor U15 Team	Bromley	18-May-25
24	03:04.5	02:58.1	Stoke U15 Team	Telford	01-Jun-25
26	03:04.9	02:50.2	Coventry Godiva U15 Team	Worcester	03-May-25
27	03:06.1	02:54.4	Liverpool H U15 Team	Stretford	01-Jun-25
28	03:06.2	03:06.2 PB	Plymouth U15 Team	Plymouth	06-Apr-25
29	03:06.4	03:06.4 PB	Chesterfield U15 Team	Lincoln	01-Jun-25
29	03:06.4	03:03.4	Amber Valley U15 Team	Mansfield	01-Jun-25
31	03:06.4	02:54.5	Marshall Milton Keynes U15 Team	Rugby	03-May-25
32	03:07.7	02:51.6	Reading U15 Team	Woodford Green	03-May-25
33	03:07.8	03:03.4	Burton U15 Team	Mansfield	01-Jun-25
34	03:08.3	02:59.0	Vale of Aylesbury U15 Team	Eton	03-May-25
35	03:08.6	03:08.6 PB	Shrewsbury U15 Team	Telford	01-Jun-25
36	03:08.9	02:56.8	Tonbridge U15 Team	Bromley	18-May-25
37	03:09.0	03:00.1	Bournemouth/New Forest Junior U15 Team	Poole	01-Jun-25
38	03:09.1	03:09.1 PB	Bromsgrove & Redditch U15 Team	Worcester	03-May-25
39	03:09.2	02:53.8	Rotherham U15 Team	Lincoln	01-Jun-25
40	03:09.3	03:00.2	Epsom & Ewell U15 Team	Guildford	01-Jun-25
41	03:09.5	03:06.6	Solihull & Small Heath U15 Team	Milton Keynes	01-Jun-25
42	03:09.6	03:04.7	HY AC U15W Team	Hastings	03-May-25
43	03:10.2	02:58.1	Notts U15 Team	Nottingham	03-May-25
44	03:10.3	03:10.3 PB	Leamington U15 Team	Worcester	03-May-25
45	03:11.9	03:11.9 PB	Kent AC U15 Team	Bromley	18-May-25
46	03:12.1	03:01.4	Exeter U15 Team	Exeter	03-May-25
47	03:12.5	03:06.4	Kingston upon Hull U15 Team	York	01-Jun-25
48	03:12.6	03:12.6 PB	Oxford City U15 Team	Eton	03-May-25
49	03:12.7	03:00.5	Wigan & District U15 Team	Warrington	03-May-25
50	03:12.9	02:51.6	Windsor, Slough, Eton & Hounslow U15 Team	Eton	03-May-25

51	03:12.9	03:06.4	Telford U15 Team	Telford	01-Jun-25
52	03:13.2	03:06.2	Chiltern U15 Team	Eton	03-May-25
53	03:13.3	02:57.6	Cambridge H U15 Team	Bromley	18-May-25
54	03:13.4	02:57.2	Crawley U15 Team	Brighton	01-Jun-25
55	03:14.0	03:01.8	Hillingdon U15 Team	Guildford	01-Jun-25
56	03:14.6	02:51.4	Medway & Maidstone U15 Team	Bromley	18-May-25
57	03:14.9	03:02.4	Bexley U15 Team	Bromley	18-May-25
58	03:15.0	02:55.1	City of Portsmouth U15 Team	Poole	01-Jun-25
59	03:15.5	03:02.6	Dudley & Stourbridge U15 Team	Telford	01-Jun-25
60	03:15.6	02:57.6	Leeds City U15 Team	Sheffield	03-May-25
61	03:15.7	02:59.8	Trafford U15 Team	Stretford	01-Jun-25
62	03:15.7	02:53.8	Herne Hill U15 Team	Woodford Green	03-May-25
63	03:15.7	03:02.8	Royal Sutton Coldfield U15 Team	Rugby	03-May-25
64	03:15.8	03:15.8 PB	Dacorum U15 Team	Eton	03-May-25
65	03:16.5	03:00.7	Bristol & West/Mendip U15 Team	Aberdare	03-May-25
66	03:16.6	03:16.6 PB	Nuneaton U15 Team	Nuneaton	01-Jun-25
67	03:16.7	02:59.1	East Cheshire U15 Team	Warrington	03-May-25
67	03:16.7	03:07.9	Mansfield U15 Team	Mansfield	01-Jun-25
69	03:16.8	02:58.6	St. Mary's Richmond U15 Team	Guildford	01-Jun-25
70	03:16.8	02:58.8	Team North Cumbria U15 Team	Carlisle	03-May-25
71	03:16.8	02:57.2	Invicta East Kent U15 Team	Ashford	26-Apr-25
72	03:16.9	02:57.6	Wirral U15 Team	Stretford	01-Jun-25
73	03:17.1	03:10.6	Horwich RMI U15 Team	Blackpool	01-Jun-25
74	03:17.2	03:10.6	Ashford U15 Team	Bromley	18-May-25
75	03:17.6	02:55.4	Kingston & Poly U15 Team	Guildford	01-Jun-25
76	03:17.8	03:02.9	Cannock & Stafford U15 Team	Stourport	03-May-25
77	03:18.0	03:02.4	Leigh U15 Team	Leigh	01-Jun-25
78	03:18.6	02:52.5	Havering U15 Team	Hornchurch	03-May-25
79	03:18.9	02:58.2	Yeovil U15 Team	Exeter	03-May-25
80	03:19.3	03:03.5	Lincoln Wellington U15 Team	Lincoln	01-Jun-25
81	03:19.8	02:51.4	Bolton U15 Team	Blackburn	01-Jun-25
82	03:20.1	03:00.0	Derby U15 Team	Mansfield	01-Jun-25
83	03:20.6	03:00.1	Wolverhampton & Bilston U15 Team	Telford	01-Jun-25
84	03:21.2	02:55.5	Basildon U15 Team	Hornchurch	03-May-25
85	03:21.8	03:03.0	Hastings U15 Team	Hastings	03-May-25
86	03:22.1	02:58.2	Sheffield & Dearne U15 Team	Sheffield	03-May-25
87	03:22.2	03:03.9	Warrington U15 Team	Warrington	03-May-25
88	03:22.7	03:04.3	Gloucester U15 Team	Swansea	01-Jun-25
89	03:23.2	03:10.3	Folkestone U15 Team	Bromley	18-May-25
90	03:25.1	03:03.5	Yate U15 Team	Gloucester	03-May-25
91	03:26.5	03:07.2	Lancaster & Morecambe U15 Team	Leigh	01-Jun-25
92	03:27.2	03:01.0	St. Helens Sutton U15 Team	Blackpool	01-Jun-25
93	03:27.5	03:07.1	Altrincham U15 Team	Stockport	03-May-25
94	03:28.2	03:02.9	Chichester U15 Team	Poole	01-Jun-25
95	03:28.5	03:17.1	Central Park U15 Team	Bromley	18-May-25
96	03:29.4	02:59.1	Worcester U15 Team	Telford	01-Jun-25