

England Athletics U15/U17 Combined Events Championships and Indoor Junior Para Championships (Ambulant 11-19yrs)

Saturday 9th & Sunday 10th March 2024
English Institute of Sport, Sheffield. S9 5DA.

Dear Athlete,

Thank you for your entry to the England Athletics Indoor U15/U17 Combined Events Championships and Indoor Junior Para Championships (Ambulant 11yrs – 19 yrs) 2024. Please see information below to help you with your planning for the event. [You can also find all the latest documentation at www.englandathletics.org/champs2024](http://www.englandathletics.org/champs2024).

Terms of entry.

- By entering this event, athletes have agreed to [England Athletics Terms of entry](#).
- This event will be held under UKA rules and WPA rules.

Timetable

- Attached to this letter.
- It is important to note that this timetable is subject to change. Please ensure you check the England Athletics website for the [latest version of the timetable](#). It is advisable to check the timetable regularly in the run up to the event and during the event.
- Due to some events having a large number of entries, **if you are withdrawing**, can we please ask that you inform Alison Potts – apotts@englandathletics.org URGENTLY of your withdrawal so that we can offer to another athlete on the waitlist.
- **Live results** will be available on the Roster app during the event.
- A digital event programme will be [available on our website](#) in the lead up to the event.

Roster

- If you have not done so already, **please enter your PB/SB data on Roster for each event.** [Click here to log into Roster](#).
- Under your account profile, go to the Records tab to add your records and these will feed through to the competition start lists.
- [Download the Roster app on IOS](#).
- [Download the Roster app on Android](#).

Registration

Athletes must register and collect their Bibs, at least 90 minutes before the scheduled start time of their first event. For those in the para championships, please register for all the events you are taking part in. Bib numbers must be worn front and back apart from – High Jump, Pole Vault, Long Jump & Triple Jump where one number is acceptable.

- Those competing over two days must re-register on day 2.
- **ATHLETES REPORTING LATE MAY NOT BE ALLOWED TO COMPETE.**
In exceptional circumstances please call 07789 794585.

- **IMPORTANT NOTE** – If you are competing in events across both days the same bib number will be worn. Athletes must still register as per above for the events taking place on day 2.
- We've produced a short video on the arrival and registration process for athletes which you may find useful. [Watch the video on YouTube.](#)

Field Events

- Combined Events athletes have 3 trials, except

| Age Group | Starting heights | |
|-----------|------------------|------------|
| | High Jump | Pole Vault |
| U17 Men | 1.38m/1.50m | 1.80m |
| U17 Women | 1.29m | |
| U15 Boys | 1.20m/1.23m | |
| U15 Girls | 1.11m/1.20m | |

Para Athletics

- Medals and placings will be awarded based on Raza points [Technical Information \(paralympic.org\)](http://Technical Information (paralympic.org))
- Para Athletes will compete under WPA Rules.
- As per WPA Rules, only athletes in the following classes can be permitted assistance on the Field of Play: T/F11-12, F31-33, F51-54. Requests need to go through Track Referee/Field Referee and/or NTD.
- This competition is open to ambulant para-athletes in the following events: 60m, 400m, 1500m, Long Jump, Shot Put.
- Para athletes must have a current National or International Para Athletics classification.
- Accessible car parking bays are available at the front of the venue.
- Accessible toilets can be found in the main reception and outside the gym.

For more information about Para Athletics please contact Matt Kendrick, National Para Athletics Manager mkendrick@englandathletics.org

Kukri kit

If you wish to place an order, please see the below. Delivery will be to your home address.



ORDER YOUR OFFICIAL SPORTSWEAR




VISIT THE ONLINE SHOP

GET IN TOUCH WITH OUR TEAM TODAY

contact@kukrisports.com

+44 177 233 8899



Call Room

- There will be no call room at this competition. Athletes should report to their respective event site in good time.

Warm Up

- Warming up will be on the back straight track until such time as the event starts.
- Athletes must **NOT** throw implements in the warm-up areas.
- Electronic equipment such as headphones and mobile phones etc. are **NOT TO BE USED** in the Warmup area, and no electrical items can be taken into the Competition Areas.
- England Athletics will provide free medical support for the management of acute injuries throughout the weekend. Physios will be in the warmup area.

Personal Equipment

- Equipment will be provided by the organisers, except for vaulting poles. Please ensure all pole vault bags are clearly labelled with the athletes name and age group.
- Personal implements will be allowed so long as they are handed into **the Technical Manager** for checking at least 90 minutes before the start of each day's events and pass the checks. Where possible, please hand in implements for Sunday's events by the end of Saturday. They will be stored securely for you overnight.
- Please note that a maximum of 2 personal implements per person, per event, will be accepted in accordance with rule TR32.2 These implements will be entered into the competition under rule T32 S1 UKA Supplement.
- **IMPORTANT NOTE** – Indoor Shots will be used.

Starting blocks

Only starting blocks provided by EIS Sheffield can be used.

Spikes

6mm spikes to be worn on the track and infield, no needle spikes. Christmas tree or pyramid Spikes only.

Clothing

- Competitors must wear at least vest and shorts which conform to UKA rules (UKA Rule TR5).
- Athletes must wear the vest of their first claim affiliated club, their County, Area, or National vest.
- Attention is drawn to UKA Rule T5 S1 Supplement on advertising and sponsorship, which will be enforced.
- Athletes must ensure all shoes conform to the current [WA list of acceptable shoes](#)

Medals & Presentations

- Presentations of England medals will take place as soon as possible after each final. Please remain in the presentation area until your presentation is completed.
- This is an OPEN championship with international guest athletes competing. Home country athletes will medal as part of the championship. There will be a separate medal ceremony for guest athletes, and they will appear in the official results as guest.
- Medals for para events will be rewarded based on Raza Points.

Anti Doping

- All athletes and athlete support personnel are bound by UKA/World Athletics Anti-Doping Rules and athletes agree to submit to drugs testing in connection with this event in accordance with UKA's Anti-Doping rules (which may involve providing a blood and/or urine sample)
- In particular, athletes should ensure that they register any use of prescribed medication containing prohibited substances prior to any use or (in emergency cases) immediately after use.
- To check the status of registered medicines please visit www.globaldro.com.
- [Information on testing procedures](#) is available on the UK Anti-Doping website. The [UKA Anti-Doping Rules](#) are available on the UKA website
For general anti-doping queries please contact antidoping@uka.org.uk

Admission

- Spectator admission is free.
- Parking at the venue is limited and will cost £5 per day (cash only). We do expect parking to be busy and recommend car sharing where possible or to consider using the [park and ride](#).

Coach Accreditation

- All coaches will be required to [register their attendance using the Eventbrite link](#)
- Coaches will require a coaching licence number.
- Please ensure registration is complete by 17:00 on Friday 8th March.

Refreshments

- Light refreshments will be available to buy at the stadium throughout the day.
- Athletes are asked to prepare accordingly with sufficient food and drink.
- Bottled water will not be available. Please bring re-usable water bottles.

Sustainability

As an organisation, we are striving to ensure that sustainability is embedded in everything we do. Our [new sustainability strategy](#) sets out a road map for what we will do in our own operations, and how we will support our network of clubs, RunTogether groups, competition providers, road race organisers and facilities.

We ask for your support in ensuring sustainability at our championships in areas such as:

- **Travel & Transport**
 - We encourage travel to the championships via public transport or car share.
- **Waste Management**
 - We ask that everyone attending the venue bring re-usable drink bottles/Cups. There are 2 water filling points located in the stadium.
- **JogOn**
 - JogOn is a campaign aimed at keeping usable sport shoes out of landfill.
[Find out more about JogOn.](#)
 - We will have a donation point at our championships and we are encouraging everyone attending to bring any old sport shoes to donate. It does not matter on the quality!

Athlete WhatsApp message Group

- We have set up this WhatsApp group for important messages that we may post, in the lead up and during the competition. If you wish to join, please use the QR code below or link - [Athletes Age Group CE](#)



England Athletics cannot accept responsibility for any injury or loss at the Championships and should ensure that no bags or equipment are left unattended.

We look forward to seeing you in Sheffield and hope that you enjoy the championships.

Kind Regards

Alison Potts

England Athletics Events Manager

apotts@englandathletics.org

07912 127586