

WE HAVE ONLY PROVIDED THE START TIMES FOR THE FIRST EVENT OF THE
HEPTATHLON AND PENTATHLON ON EACH DAY.

PLEASE LISTEN FOR ANNOUNCEMENTS WITHIN THE STADIUM FOR THE START TIMES
OF SUBSEQUENT EVENTS WITHIN THE INDIVIDUAL COMPETITIONS.

**Please Note - This is a provisional timetable and subject to
change where necessary.**

SATURDAY 9th March - 2024

Time	Age Group	Event
10:15	Para Male & Female	Long Jump
10:30	U17 Female Pentathlon	60m H
11:00	U17 Male Heptathlon	60m
	U17 Female Pentathlon	High Jump
	U17 Male Heptathlon	Long Jump
12:15	Para U15 Male	60m
12:20	Para U20 Male	60m
12:25	Para Female	60m
	U17 Female Pentathlon	Shot Put
13:45	Para Male & Female	1500m
14:00	Para U17 Male	400m
14:05	Para U20 Male	400m
14:10	Para U20 Female	400m
	U17 Male Heptathlon	Shot Put
	U17 Female Pentathlon	Long Jump
15:30	Para Male & Female	Shot Put
	U17 Male Heptathlon	High Jump
	U17 Female Pentathlon	800m

SUNDAY 10th March - 2024

Time	Age Group	Event
10:00	U15 Female Pentathlon	60m H
10:20	U15 Male Pentathlon	60m H
10:40	U17 Male Heptathlon	60m H
	U15 Female Pentathlon	High Jump
	U17 Male Heptathlon	Pole Vault
	U15 Male Pentathlon	Long Jump
	U15 Female Pentathlon	Shot Put
	U15 Male Pentathlon	Shot Put
	U15 Female Pentathlon	Long Jump
	U17 Male Heptathlon	1000m
	U15 Male Pentathlon	High Jump
	U15 Female Pentathlon	800m
	U15 Male Pentathlon	800m