

Risk Assessment

Group name

Date of risk assessment

What are the hazards?	Who might be harmed?	What are you already doing?	Any further actions required?	Risk Rating after measures (High/Medium/Low)
Increment weather - making it too hot/wet or slippery to run.				
Traffic/road crossings on route				
Ground conditions – uneven/changing ground conditions.				
Injuries through participation/medical conditions				

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Risk Assessment continued

What are the hazards?	Who might be harmed?	What are you already doing?	Any further actions required?	Risk Rating after measures (High/Medium/Low)
Participants getting lost				
Inappropriate running kit/equipment				
Other members of the public getting in the way of runners				
Enter as appropriate				