

Track & Field Rules

Athletes, Coaches, Managers, Parents, Friends



Please be aware that Athletics Meetings are run using certain Rules – the *UKA Rules for Competition*. These are there for two purposes:

- To allow fair competition
- To ensure a safe environment for everyone attending the meeting.

The people responsible for making sure the Rules are applied properly are the Officials and the Meeting Organisers. **Athletes have agreed to compete under the Rules as a condition of their own or their team's entry in the event.** The online path to the Rules is set out at the bottom of this page.

Some of the Rules are complicated and may not be what you would expect. But there are reasons for all of them. If there is a complaint this should normally be directed through your team manager or to the Meeting Organiser.

The **Officials** are unpaid volunteers who have taken extensive education courses to achieve their qualifications. **It is their contribution that allows meetings and events to take place for the benefit of athletes and their supporters.** Please bear this in mind if they make a decision that you do not agree with.

Only Competing Athletes and Authorised Officials are allowed on to the track, the in-field and the marshalling areas. This reduces the possibility of serious injury and allows the meeting to operate smoothly.

It is important that parents, coaches and other supporters operate within these Rules as well as athletes.

Thank you for your cooperation

The *UKA Rules for Competition* may be found at:
www.britishathletics.org.uk/competitions/rules