



# Commonwealth Youth Games 2023

Details of key competition opportunities for athletes who compete in the hurdles, shot put, discus, and javelin, and are looking to gain selection to the England Athletics Commonwealth Youth Games team in 2023 can be found here.

## U18 Competition Opportunities

England Athletics would encourage athletes looking to gain selection to the England Athletics team to enter one of these competitions. England team staff will be present at most of these events to meet with athletes, coaches, and parents.

The Commonwealth Youth Games Selection Policy can be found on the England Athletics website: [England Athletics website](https://www.englandathletics.org/selection-policy)

If you have any queries with regard to the events detailed below, please contact:  
Scott Grace at [sgrace@englandathletics.org](mailto:sgrace@englandathletics.org) or Alison Potts [apotts@englandathletics.org](mailto:apotts@englandathletics.org)

*\*Note: The U18 age group applies to athletes born in 2006 or 2007*



Competition	Disciplines	Location	Date
Loughborough Opening Meetings	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) <b>Other Events TBC</b> <b>Entry required:</b> Athletes will need to enter via the entry system on the <a href="#">Loughborough Uni website</a>	Loughborough	Saturday 22 <sup>nd</sup> April
University of Birmingham (UoB) Open Meeting	Boys 110m hurdles (0.914m) x 2 Runs Girls 100m hurdles (0.762m) x 2 Runs Boys discus (1.5kg) Boys shot (5kg) Girls discus (1kg) Girls shot (3kg) <b>Additional Events</b> 200m BMC 800m, BMC 1500m, BMC 3000m Pole Vault, Long Jump, Shot & Discus <b>Entry required:</b> Athletes will need to enter via the entry system on the <a href="#">UoB T&amp;F Series 2023   UBSport Athletics</a> website.	University of Birmingham	Wednesday 10 <sup>th</sup> May
Trafford Grand Prix Meeting	Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys discus (1.5kg) Boys shot (5kg) Girls discus (1kg) Girls shot (3kg) <b>Entry required:</b> Athletes will need to enter via the entry system on the <a href="#">Trafford AC</a> website.	Stretford	Tuesday 16 <sup>th</sup> May
Loughborough International	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) <b>Other Events TBC</b> <b>Entry required:</b> Athletes will need to register an expression of interest with <a href="mailto:apotts@englandathletics.org">apotts@englandathletics.org</a>	Loughborough	Sunday 21 <sup>st</sup> May
Age group pathway international	Boys discus (1.5kg) Boys shot (5kg) Boys javelin (700g) Girls discus (1kg) Girls shot (3kg) Girls javelin (500g) <b>Entry required</b>	TBC	Saturday 27 <sup>th</sup> May
England Athletics Combined Events:	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) <b>Entry required:</b> Athletes will need to enter via the England Athletics website <a href="#">2023 Championships</a>	Manchester Sport City	27 <sup>th</sup> & 28 <sup>th</sup> May 2023
Hurdles Fest	Boys 110m hurdles (0.914cm) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m)	Chelmsford	29 <sup>th</sup> May

	<b>Entry required:</b> Athletes will need to enter via the entry system here: <a href="#">Enter Here</a>		
<b>BIGish</b>	<b>Jumps:</b> High Jump, Long Jump, Triple Jump <b>Throws:</b> Shot Put, Discus, Hammer (not CYG event)  <b>Entry required:</b> U18 Long list athletes will be able to throw their own weights as will U20's. However, you will need to enter in the same way as everyone else –spaces will not be held for you.  <b>Online entries open</b> at 9.00am on Friday 14 <sup>th</sup> April <a href="http://www.bedfordgames.co.uk">www.bedfordgames.co.uk</a>	Chelmsford	29 <sup>th</sup> May
<b>Trafford Grand Prix Meeting</b>	Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys javelin (700g) Girls javelin (500g) <b>Entry required:</b> Athletes will need to enter via the entry system on the <a href="#">Trafford AC</a> website.	Stretford	Tuesday 30 <sup>th</sup> May
<b>Loughborough Opening Meetings</b>	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) <b>Other Events TBC</b> <b>Entry required:</b> Athletes will need to enter via the entry system on the <a href="#">Loughborough Uni website</a>	Loughborough	Wednesday 31 <sup>st</sup> May
<b>University of Birmingham (UoB) Open Meeting</b>	Boys 400m hurdles (0.838m) Girls 400m hurdles (0.762m) Boys javelin (700g) Girls javelin (500g) <b>Additional Events</b> 100m x2 runs, 400m, BMC 800m, BMC 1500m, Hammer & High Jump <b>Entry required:</b> Athletes will need to enter via the entry system on the <a href="#">UoB T&amp;F Series 2023   UBSport Athletics</a> website.	University of Birmingham	Wednesday 7 <sup>th</sup> June
<b>Trafford Grand Prix Meeting</b>	Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys discus (1.5kg) Boys shot (5kg) Girls discus (1kg) Girls shot (3kg) <b>Entry required:</b> Athletes will need to enter via the entry system on the <a href="#">Trafford AC</a> website.	Stretford	Tuesday 13 <sup>th</sup> June
<b>England Athletics National U20 / U23 Champs</b>	Boys 110m hurdles (0.914m) Boys 400m hurdles (0.838m) Girls 100m hurdles (0.762m) Girls 400m hurdles (0.762m) Boys discus (1.5kg) Boys shot (5kg) Boys javelin (700g) Girls discus (1kg) Girls shot (3kg) Girls javelin (500g) <b>Entry required:</b> Athletes will need to enter via the England Athletics website <a href="#">2023 Championships</a>	Chelmsford	17 <sup>th</sup> / 18 <sup>th</sup> June 2023

#### Important Information

- All events/entries are subject to space in each timetable as confirmed by the Meet Organiser.

- **To register your interest to compete at any of these competitions please email [apotts@englandathletics.org](mailto:apotts@englandathletics.org) with the following information:**
- *Athlete name and email*
- *Athlete date of birth*
- *Disciplines(s)*
- *Club*
- Parent name and email
- Coach name and email
- Competitions interested in

**Further dates and competitions for U18 may be added over the coming months, so please ensure you revisit the England Athletics website and check you have the most current competition list.**