England Athletics
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England Athletics SEN/U20 Championships 2026 (v3)

- Please note, this is a **draft timetable** which is **subject to change**. Timings will not be published until after the closing date (14/06/2026).
- **Days are subject to change.** Please ensure flexibility with your planning to account for potential changes to published days.
- Please note – the schedule will not be changed for athletes competing in multiple events.
- The number of rounds could change depending on entry numbers.
- Approximate timings (please note these are subject to change)
  - Friday 14:00 – 21:00.
  - Saturday – 10:00 – 18:00.
  - Sunday – 10:00 – 18:00.

Track Friday		Track Saturday		Track Sunday	
Heat	100m	Semi/Final	100m	Heat/Semi/Final	200m
Heat	400m	Semi/Final	400m	Final	400m Hurdles
Heat	800m	Heats/Semi	400m Hurdles	Heat/Semi/Final	100/110m Hurdles
Final	1500m	Final	800m	Final	3000m Race Walk
Final	5000m	Final	Steeplechase	Final	U20 3000m
Day 1	U20M DEC	Day 1	SM DEC	Day 2	SM DEC
Day 1	U20W HEP	Day 1	SW HEP	Day 2	SW HEP
		Day 2	U20M DEC		
		Day 2	U20W HEP		

Field Friday		Field Saturday		Field Sunday	
Hammer	U20W	Shot	SW	Shot	U20M
Hammer	U20M	Shot	U20W	Shot	SM
Hammer	SW	Discus	U20W	Discus	SM
Hammer	SM	Discus	SW	Discus	U20M
Javelin	U20M	Pole Vault	SM	Javelin	U20W
Javelin	SM	Long Jump	U20M	Javelin	SW
Pole Vault	U20M	Long Jump	U20W	Pole Vault	U20W
Triple Jump	U20M	Triple Jump	SM	Pole Vault	SW
Day 1	U20M DEC	Day 1	SM DEC	High Jump	U20M
Day 1	U20W HEP	Day 1	SW HEP	High Jump	U20W
		Day 2	U20M DEC	High Jump	SW
		Day 2	U20W HEP	High Jump	SM
				Triple Jump	SW
				Triple Jump	U20W
				Long Jump	SW
				Long Jump	SM
				Day 2	SM DEC
				Day 2	SW HEP

All championship information can be found on the England Athletics website. Link to the website is here.