

England Athletics SEN/U20 Championships 2026

- Please note, this is a **draft timetable** which is **subject to change**. Timings will not be published until after the closing date (14/06/2026).
- **Days are subject to change**. Please ensure flexibility with your planning to account for potential changes to published days.
- Please note – the schedule will not be changed for athletes competing in multiple events.
- The number of rounds could change depending on entry numbers.
- Approximate timings (please note these are subject to change)
 - Friday 14:00 – 21:00.
 - Saturday – 10:00 – 18:00.
 - Sunday – 10:00 – 18:00.

<u>Track Friday</u>		<u>Track Saturday</u>		<u>Track Sunday</u>	
Heat	100m	Semi/Final	100m	Heat/Semi/Final	200m
Heat	400m	Semi/Final	400m	Final	400m Hurdles
Heat	800m	Heats	400m Hurdles	Heat/Semi/Final	100/110m Hurdles
Heat	1500m	Final	800m	Final	3000m Race Walk
Final	5000m	Final	1500m	Final	U20 3000m
Day 1	U20M DEC	Final	Steeplechase	Day 2	SM DEC
Day 1	U20W HEP	Day 1	SM DEC	Day 2	SW HEP
		Day 1	SW HEP		
		Day 2	U20M DEC		
		Day 2	U20W HEP		

<u>Field Friday</u>		<u>Field Saturday</u>		<u>Field Sunday</u>	
Hammer	U20W	Shot	U20M	Hammer	U20M
Hammer	SW	Discus	U20W	Shot	SW
Hammer	SM	Discus	SW	Shot	SM
Shot	U20W	Pole Vault	SM	Discus	SM
Javelin	U20M	Long Jump	U20M	Discus	U20M
Javelin	SM	Long Jump	U20W	Javelin	U20W
Pole Vault	U20M	Triple Jump	SM	Javelin	SW
Triple Jump	U20M	Day 1	SM DEC	Pole Vault	U20W
Day 1	U20M DEC	Day 1	SW HEP	Pole Vault	SW
Day 1	U20W HEP	Day 2	U20M DEC	High Jump	U20M
		Day 2	U20W HEP	High Jump	U20W
				High Jump	SW
				High Jump	SM
				Triple Jump	SW
				Triple Jump	U20W
				Long Jump	SW
				Long Jump	SM
				Day 2	SM DEC
				Day 2	SW HEP

All championship information [can be found on the England Athletics website](https://www.Englandathletics.org).