

- Entry standards must have been achieved in a licensed **competition**.
- Performances from 1st January 2025 – closing date will only be accepted.
- Entry standards must be achieved by the closing date for each competition.
- Entries will not be accepted without a standard.
- Wind assisted times will not be accepted.

**Track events**

Men			Women	
Entry Standard	Class	Event	Class	Entry Standard
12.90	T11	100 m	T11	15.50
12.75	T12	100 m	T12	15.00
12.20	T13	100 m	T13	14.80
26.00	T33	100 m	T33	25.00
23.30	T34	100 m	T34	24.50
16.10	T35	100 m	T35	19.50
14.20	T36	100 m	T36	18.00
13.80	T37	100 m	T37	17.50
13.50	T38	100 m	T38	16.00
15.30	T42	100 m	T42	20.00
13.00	T43	100 m	T43	14.36
13.00	T44	100 m	T44	14.36
11.60	T45-47	100 m	T45-47	15.00
28.00	T51	100 m	T51	32.00
20.50	T52	100 m	T52	24.50
16.30	T53	100 m	T53	24.00
17.85	T54	100 m	T54	22.00
14.39	T61	100 m	T61	17.14
11.94	T62	100 m	T62	15.10
15.30	T63	100 m	T63	20.00
13.25	T64	100 m	T64	18.00
32.10	T71	100 m	T71	32.00
26.00	T72	100 m	T72	24.50
25.31	T11	200 m	T11	32.00
23.63	T12	200 m	T12	30.00
23.91	T13	200 m	T13	33.00
35.00	T35	200 m	T35	44.00
26.90	T36	200 m	T36	39.00
27.50	T37	200 m	T37	34.00
24.91	T38	200 m	T38	33.00
27.40	T42	200 m		
27.40	T43	200 m		
27.40	T44	200 m	T44	31.20
25.25	T45-47	200 m	T45-47	31.00
25.23	T61	200 m		
23.11	T62	200 m		

Men		Women		
Entry Standard	Class	Event	Class	Entry Standard
26.39	T63	200 m		
26.00	T64	200 m	T64	33.00
58.93	T71	200 m	T71	01:41.15
40.55	T72	200 m	T72	53.00
65.00	T11	400 m	T11	01:22.00
63.00	T12	400 m	T12	01:14.00
58.00	T13	400 m	T13	01:11.00
55.00	T20	400 m	T20	01:09.00
1.23.03	T33	400 m	T33	01:24.68
01:07.00	T34	400 m	T34	01:16.00
01:17.43	T35	400 m		
01:07.00	T36	400 m	T36	01:21.00
01:00.00	T37	400 m	T37	01:25.00
58.00	T38	400 m	T38	01:17.00
01:22.08	T43	400 m		
58.59	T44	400 m		
55.00	T45-47	400 m	T45-47	01:19.50
01:25.56	T51	400 m		
01:04.00	T52	400 m	T52	01:23.23
57.00	T53	400 m	T53	01:18.50
56.50	T54	400 m	T54	01:18.50
52.42	T61	400 m		
51.50	T62	400 m		
01:25.00	T63	400 m		
01:24.73	T64	400 m	T64	01:14.17
02:04.00	T71	400 m	T71	02:57.90
01:19.00	T72	400 m	T72	01:51.00
02:08.00	T20	800 m	T20	02:55.00
02:47.00	T33	800 m	T33	03:02.86
02:14.00	T34	800 m	T34	02:55.00
03:18.60	T51	800 m		
02:17.00	T52	800 m	T52	03:21.00
01:54.00	T53	800 m	T53	02:29.00
01:49.50	T54	800 m	T54	02:28.50
05:10.00	T11	1500 m	T11	06:20.00
04:40.00	T12	1500 m	T12	05:47.00

04:40.00	T13	1500 m	T13	05:35.00
04:17.00	T20	1500 m	T20	05:45.00
04:20.99	T33	1500 m	T33	05:15.41
03:33.00	T34	1500 m	T34	04:54.41
05:16.00	T36	1500 m		
05:28.50	T37	1500 m		
05:28.50	T38	1500 m		
04:25.00	T45/46	1500 m		
06:24.84	T51	1500 m		
05:20.00	T52	1500 m		
03:42.00	T53/54	1500 m	T53/54	04:23.00

**Field Events**

Men		Event	Women	
Entry Standard	Class		Class	Entry Standard
19.00	F31	Club Throw	F31	11.50
23.00	F32	Club Throw	F32	11.50
18.00	F51	Club Throw	F51	12.00
25.00	F11	Discus	F11	18.00
36.20	F12	Discus	F12	22.98
34.34	F13	Discus	F13	24.58
13.20	F32	Discus	F32	8.10
17.02	F33	Discus	F33	10.47
22.68	F34	Discus	F34	12.47
32.64	F35	Discus	F35	18.60
31.09	F36	Discus	F36	19.00
39.94	F37	Discus	F37	18.00
37.02	F38	Discus	F38	23.00
17.89	F40	Discus	F40	14.00
27.89	F41	Discus	F41	19.00
26.16	F42	Discus	F42	21.93
30.00	F43/44	Discus	F43/44	18.00
37.85	F46	Discus	F46	27.15
8.00	F51	Discus	F51	4.20
10.00	F52	Discus	F52	5.00
10.00	F53	Discus	F53	6.00
20.00	F54	Discus	F54	9.50
22.00	F55	Discus	F55	13.00
25.00	F56	Discus	F56	13.00
30.00	F57	Discus	F57	19.00
		Discus	F61	15.00
20.43	F62/F61	Discus	F62	15.00
26.16	F63	Discus	F63	15.00

Men		Women		
Entry Standard	Class	Event	Class	Entry Standard
30.00	F64	Discus	F64	15.00
37.50	F12	Javelin	F12	19.00
37.50	F13	Javelin	F13	19.00
14.00	F33	Javelin	F33	7.00
20.00	F34	Javelin	F34	7.00
36.37	F35	Javelin	F35	15.21
30.00	F37	Javelin	F37	14.66
35.00	F38	Javelin	F38	26.09
29.00	F40	Javelin	F40	16.34
29.00	F41	Javelin	F41	13.84
42.00	F42	Javelin	F42	22.92
42.00	F43/44	Javelin	F43/44	15.46
41.00	F45/46	Javelin	F46	21.00
18.25	F52	Javelin	F52	4.94
13.80	F53	Javelin	F53	7.00
13.80	F54	Javelin	F54	7.00
19.00	F55	Javelin	F55	8.00
18.65	F56	Javelin	F56	8.00
22.00	F57	Javelin	F57	8.00
42.00	F61	Javelin		
42.00	F62	Javelin	F62	18.00
42.00	F63	Javelin		
42.00	F64	Javelin	F64	15.18
4.50	T11	Long Jump	T11	3.60
5.80	T12	Long Jump	T12	4.00
5.00	T13	Long Jump	T13	4.00
5.80	T20	Long Jump	T20	4.10
4.39	T35	Long Jump	T35	2.56
4.50	T36	Long Jump	T36	2.70
4.00	T37	Long Jump	T37	3.50

<b>Men</b>		<b>Women</b>		
<b>Entry Standard</b>	<b>Class</b>	<b>Event</b>	<b>Class</b>	<b>Entry Standard</b>
4.50	T38	Long Jump	T38	3.80
4.40	T42	Long Jump	T42	3.30
4.60	T43	Long Jump	T43/44	3.80
5.55	T45-47	Long Jump	T45-47	4.50
4.40	T61	Long Jump	T61	3.50
5.70	T62	Long Jump	T62	3.50
4.40	T63	Long Jump	T63	3.50
5.70	T64	Long Jump	T64	3.50
9.00	F11	Shot Put	F11	7.00
10.00	F12	Shot Put	F12	8.00
10.00	F13	Shot Put	F13	9.00
10.00	F20	Shot Put	F20	8.70
5.50	F32	Shot Put	F32	3.00
6.00	F33	Shot Put	F33	4.00
7.50	F34	Shot Put	F34	4.50
8.50	F35	Shot Put	F35	5.50
9.00	F36	Shot Put	F36	5.00
10.55	F37	Shot Put	F37	6.50
9.00	F38	Shot Put	F38	10.32
7.10	F40	Shot Put	F40	4.50
8.20	F41	Shot Put	F41	6.00
11.20	F42	Shot Put	F42	6.00
11.05	F43/44	Shot Put	F43/44	6.50
11.50	F45/46	Shot Put	F46	8.50
5.10	F52	Shot Put	F52	2.80
5.10	F53	Shot Put	F53	5.39
7.47	F54	Shot Put	F54	4.50