

- Entry standards must have been achieved in a licensed **competition**.
- Performances from 1st January 2025 – closing date will only be accepted.
- Entry standards must be achieved by the closing date for each competition.
- Entries will not be accepted without a standard.
- Wind assisted times will not be accepted.

**Track events**

Event	Class	Entry Standard
100 m	T11	15.50
100 m	T12	15.00
100 m	T13	14.80
100 m	T33	25.00
100 m	T34	24.50
100 m	T35	19.50
100 m	T36	18.00
100 m	T37	17.50
100 m	T38	16.00
100 m	T42	20.00
100 m	T43	14.36
100 m	T44	14.36
100 m	T45-47	15.00
100 m	T51	32.00
100 m	T52	24.50
100 m	T53	24.00
100 m	T54	22.00
100 m	T61	17.14
100 m	T62	15.10
100 m	T63	20.00
100 m	T64	18.00
100 m	T71	32.00
100 m	T72	24.50
200 m	T11	32.00
200 m	T12	30.00
200 m	T13	33.00
200 m	T35	44.00
200 m	T36	39.00
200 m	T37	34.00
200 m	T38	33.00
200 m	T44	31.20
200 m	T45-47	31.00

200 m	T64	33.00
200 m	T71	01:41.15
200 m	T72	53.00
400 m	T11	01:22.00
400 m	T12	01:14.00
400 m	T13	01:11.00
400 m	T20	01:09.00
400 m	T33	01:24.68
400 m	T34	01:16.00
400 m	T36	01:21.00
400 m	T37	01:25.00
400 m	T38	01:17.00
400 m	T45-47	01:19.50
400 m	T52	01:23.23
400 m	T53	01:18.50
400 m	T54	01:18.50
400 m	T64	01:14.17
400 m	T71	02:57.90
400 m	T72	01:51.00
800 m	T20	02:55.00
800 m	T33	03:02.86
800 m	T34	02:55.00
800 m	T52	03:21.00
800 m	T53	02:29.00
800 m	T54	02:28.50
1500 m	T11	06:20.00
1500 m	T12	05:47.00
1500 m	T13	05:35.00
1500 m	T20	05:45.00
1500 m	T33	05:15.41
1500 m	T34	04:54.41
1500 m	T53/54	04:23.00

**Field events**

Event	Class	Entry Standard
Discus	F11	18.00
Discus	F12	22.98
Discus	F13	24.58
Discus	F32	8.10
Discus	F33	10.47
Discus	F34	12.47
Discus	F35	18.60
Discus	F36	19.00
Discus	F37	18.00
Discus	F38	23.00
Discus	F40	14.00
Discus	F41	19.00
Discus	F42	21.93
Discus	F43/44	18.00
Discus	F46	27.15
Discus	F51	4.20
Discus	F52	5.00
Discus	F53	6.00
Discus	F54	9.50
Discus	F55	13.00
Discus	F56	13.00
Discus	F57	19.00
Discus	F61	15.00
Discus	F62	15.00
Discus	F63	15.00
Discus	F64	15.00
Club Throw	F31	11.50
Club Throw	F32	11.50
Club Throw	F51	12.00
Shot Put	F11	7.00
Shot Put	F12	8.00
Shot Put	F13	9.00
Shot Put	F20	8.70
Shot Put	F32	3.00
Shot Put	F33	4.00
Shot Put	F34	4.50
Shot Put	F35	5.50
Shot Put	F36	5.00
Shot Put	F37	6.50
Shot Put	F38	10.32
Shot Put	F40	4.50
Shot Put	F41	6.00
Shot Put	F42	6.00
Shot Put	F43/44	6.50

Shot Put	F46	8.50
Shot Put	F52	2.80
Shot Put	F53	5.39
Shot Put	F54	4.50
Shot Put	F55	4.60
Shot Put	F56	4.60
Shot Put	F57	4.60
Shot Put	F61	6.70
Shot Put	F62	5.55
Shot Put	F63	6.70
Shot Put	F64	6.50
Javelin	F12	19.00
Javelin	F13	19.00
Javelin	F33	7.00
Javelin	F34	7.00
Javelin	F35	15.21
Javelin	F37	14.66
Javelin	F38	26.09
Javelin	F40	16.34
Javelin	F41	13.84
Javelin	F42	22.92
Javelin	F43/44	15.46
Javelin	F46	21.00
Javelin	F52	4.94
Javelin	F53	7.00
Javelin	F54	7.00
Javelin	F55	8.00
Javelin	F56	8.00
Javelin	F57	8.00
Javelin	F62	18.00
Javelin	F64	15.18
Long Jump	T11	3.60
Long Jump	T12	4.00
Long Jump	T13	4.00
Long Jump	T20	4.10
Long Jump	T35	2.56
Long Jump	T36	2.70
Long Jump	T37	3.50
Long Jump	T38	3.80
Long Jump	T42	3.30
Long Jump	T43/44	3.80
Long Jump	T45-47	4.50
Long Jump	T61	3.50
Long Jump	T62	3.50
Long Jump	T63	3.50
Long Jump	T64	3.50