

Amateur Athletic Association



Annual Report 2011

AMATEUR ATHLETIC ASSOCIATION

Patron: HER MAJESTY THE QUEEN
 President:
 Chairman: Chris Carter

FOUNDER LIFE VICE-PRESIDENTS

Miss N. Blaine M.B.E	Mrs J. Lindsay
R.J. Barrow	Mrs M.M. Oakley
Mrs F M Clarke M.B.E.	B.E. Willis O.B.E.
Wg. Cdr.D.C. Davies O.B.E	G.A. Wright
Miss E.M. Holland M.B.E.	

LIFE VICE-PRESIDENTS

D. Adams	Mrs J. Febery
D. Cropper O.B.E	Mrs P.M. Green
G. Clarke	E. Nash
Mrs S. Deaves	K.A. Oakley

MANAGEMENT BOARD

C. Carter	Chairman
W. Nicholls	Honorary Secretary
M. Etchells	Treasurer
A.G Bunner MBE	Events Director
R.H Float	Director
I. Byett	Director (Cross Country)
E.C Butcher	Director (Road Running)
M. Neighbour	Regional Director
G. Durbin	Regional Director
B. Heywood	Regional Director
Ms F. P. Ratchford	Director

Auditors: ALLIOTTS

INDEX

Pages

Management Board Report	3
Northern Athletics Association Report	3
Midland Counties Athletic Association Report	7
South of England Athletic Association Report	9
English Cross Country Association Report	10
English Road Running Association Report	11
Fell Runners Association Report	11
Race Walking Association Report	12
AAA Development Initiatives & Legacy	12
Athletics for the Young (Charity) Report	14
Standards Scheme	14
Future of the AAA	15

MANAGEMENT BOARD REPORT

The Amateur Athletic Association's influence in the sport has been greatly reduced since the implementation of the Foster Report a few years ago, but rather than gradually fade from the scene the Board has continued to use its diminishing resources to best effect in the development of younger athletes. We realise the immense value of clubs and counties in the structure of athletics and continue to work on the development of the grass roots of the sport

The Tom Pink Relays have become an event that many clubs request to bring their U11 and U13 youngsters to experience fun competition in excellent arenas. Similarly the World Marathon Challenge, previously known as the Maratón Internacional Simultáneo, continues to grow in popularity with nearly twenty teams taking part in October 2010. The Association worked with the Save the Children Fund during the summer for a world wide competition involving nearly sixty teams in twelve countries in October 2011.

The publication of the 'History of the AAA' in July was well received by the sport and the publication of the 'History of the WAAA' this coming summer will add to a complete overview of the sport in this country to the present day. These volumes are designed to be a part of the lasting history and heritage that the Association has been charged to leave as a legacy to the sport. The Association is indebted to Mr Mel Watman for the way he has approached the task of writing these excellent books.

The Association continues to support the vast number of volunteers who give their time so freely for the sport at all levels. Indoors or out, rain or shine, winter or summer, without your encouragement and dedication we would not have the sport that we all want to be part of today. We look forward to the anticipated increase in interest in athletics that the London Olympics will bring and will endeavour to continue to assist everyone in taking that interest further.

For further information on the work of the Association there is a more comprehensive report of the activities of the Association in the 2010-2011 Financial Statement.

Chris Carter
Chairman

NORTHERN ATHLETICS

President (2010/11): Les Outwin **Chairman:** Brian Heywood **Treasurer:** Nigel Orr
President (2011/12): Bill McGurk **Executive Board:** IM Rogers, M Fletcher, K Taylor, S Gaines
A Williams & R Brimage [elected October 2011] JN Green & J Driscoll [retired October 2011]

Northern Athletics have continued to promote Championships across all disciplines in athletics; cross country, road running, race walking, track and field, both indoor and outdoor including combined events held in conjunction with England Athletics and this will continue through 2012. The two new events added last year were retained with the 'veterans only' indoor open meeting at the EIS attracting a larger entry this year. All our Championships were held although in some instances with reduced participation, yet we remain committed to maintaining all our current promotions whilst looking for opportunities to promote additional events and still provide a relevant pathway for both athletes and officials.

This past year has seen the passing of Roy Bruce, Les Williams and Jack Harper-Tarr and we extend our condolences to their families and friends.

Dialogue has been maintained with our colleagues in the Midlands and South and also with England Athletics with Board members attending and reporting on meetings of the English Cross Country Association and England Road Running Association. Funding for 2011 – 12 was agreed with England Athletics at the same level as last year although part of the agreement was to consider the implications for T & F fixtures in 2012 due to the Olympic and Paralympic Games in London. This would possibly mean that the 'Area' championships for Seniors will be held in conjunction with the EA Championships, probably in the Midlands. Discussions over issues raised have not yet been fully resolved although the event has been published in the 2012 UKA events Calendar.

CROSS COUNTRY

After a very cold & icy start, the weather warmed up and made for a fine day of cross country running at Herrington Country Park near Sunderland. The entry numbers were down in most age categories (becoming the norm for North East venues!!) resulting that no club finished a team in the U20 women race. That said, Sunderland Harriers & AC (Kevin Carr, Dave Dixon, Mike Bateman & Max Coleby) aided by Sunderland City Council staff are all thanked for delivering a well organised and managed event.

In the senior men's race Steve Vernon (Stockport H&AC) just failed to achieve a fourth Northern Senior Men's title being beaten by Tom Lancashire (Bolton Utd H), after an engrossing battle, where the lead changed places several times. Leeds City AC Senior Men continued their dominance of the team title with an eighth successive victory, with Simon Deakin (12th) leading the team home. Hallamshire Harriers Sheffield won the silver medals, with Liverpool H& AC taking the bronze medals.

Susan Partridge (Leeds City AC) captured the Senior Women's title improving on her 3rd place at Blackburn the previous year. Victoria Wilkinson (Bingley H&AC) followed her home for 2nd place (repeating her runner up place of last year) with Rosie Smith (Durham City H) finishing 3rd after setting the early pace. Bingley H&AC won the team title with an impressive team total of 30 points with silver medals to Leeds City AC and Bronze going to Holmfirth HAC.

In the other age categories both Vale Royal AC (U/17 Women) and Lincoln Wellington AC (U/17 Men) successfully defended their team titles whilst all the other team titles changed hands. Warrington AC collected gold medals in the U/13 Girls and Boys with Leeds City AC collecting gold in the U/20 Men and silver in the U/17 Men. The ladies from Vale Royal AC won the gold medals in the U/20 age group whilst silver medals went to their U/15 Girls and U/20 Men and Kingston-upon-Hull AC won gold in the U/15 Girls and bronze in the U/20 Women.

NATIONAL CHAMPIONSHIPS

In the 2011 event, held at Alton Towers in some of the muddiest conditions seen for years, a delighted Steve Vernon (Stockport H&AC) won his first national title after another enthralling battle, this time with Mike Skinner (Blackheath) with Northern champion Tom Lancashire (Bolton Utd H) in 3rd place. In the Senior Men's team race Leeds City AC were crowned champions, improving on their silver medals of the previous 2 years. Hatti Dean (Hallamshire H Sheffield) finished 2nd with Northern team champions Bingley H&AC collecting silver medals with Hallamshire 4th and Sale 9th.

In the age group categories, medals were won by:-

U/13 Girls	2 nd Abbie Hetherington (Carlisle Aspatria AC)		
U/15 Girls	1 st Bronwen Owen (Scarborough AC)	2 nd team	Birtley AC
	3 rd Harriet Knowles Jones (Warrington AC)		
U/17 Women	2 nd team Vale Royal AC	3 rd team	East Ches. H & T'side AC
U/13 Boys	3 rd Chris Brown (Oldham & Royton H&AC)	3 rd team	Oldham & Royton H&AC
U/15 Boys	1 st Adam Howard (Oldham & Royton H&AC)	2 nd team	Trafford AC
U/17 Men	3 rd Mark Shaw (New Marske H)	3 rd team	Gateshead H&AC
Junior Men	3 rd Ben Connor (Derby AC)	2 nd team	Derby AC

NORTHERN RELAY CHAMPIONSHIPS

Our second Relay Championships returned to Graves Park, Sheffield with glorious weather conditions and temperatures far above those normally associated at a cross country event. With firm underfoot conditions ideal for cross country running, times were generally faster than last first year. The event was again held in conjunction with Sheffield Running Club with support from South Yorkshire AA, Sheffield City Council and the park rangers and event sponsors BBUSL. The U/11's races were expanded to include teams from across the North area, but were not part of the Championship event which again incorporated the Yorkshire Veterans AA championships across all their age categories. The event was again popular with both athletes and spectators, and for the first time Northern Athletics used chip timing in a cross country event

Leeds City AC won both Senior races with age group winners being;

U/13 Girls	Liverpool H&AC	U/13 Boys	Vale Royal AC
U/15 Girls	Vale Royal AC	U/15 Boys	Warrington AC
U/17 Women	Hallamshire H Sheffield	U/17 Men	Sale H Manchester

Representative teams went to the Cross Challenge event in Cardiff and the Home Countries International in Antrim, Northern Ireland with Peter Shields and Debbie Rowland carrying out Team Manager duties.

ROAD RUNNING

The programme of road running championships over the past 12 months was seriously affected by the weather. The 10 mile championship at Thirsk in November 2010 and the Ribble Valley 10K in late December 2010 were both cancelled due to adverse weather conditions, however, the Thirsk 10 mile was rearranged for 27 March 2011 and it was agreed that this race should be our 10 mile championship event.

The 2011 5K championship, which in 2010 had been held at Blackburn in conjunction with the England Athletics championships, returned at short notice to the Horwich Festival. As a result of the short notice and a clash with our T&F championships, entries were down on recent years, but a very competitive race still resulted.

The 12 & 6 stage event returned to North Yorkshire and was held at Catterick Garrison for the second time. Shaun Purkiss and his team from Richmond and Zetland Harriers had to revise the course due to some parts

of the Garrison being closed but we were blessed with substantially better weather than on the occasion of our first visit.

In the men's event, Morpeth Harriers & AC triumphed after three years of dominance by Leeds City AC, who on this occasion were just over a minute behind in 2nd followed by a large gap of over 8 minutes to 3rd placed team, Derby AC. The women's event was much closer, with the first 3 teams finishing within 38 seconds. Wakefield & District H&AC were first, 14 seconds ahead of Leigh Harriers & AC with Salford Harriers third.

The Autumn relays returned to the Birchwood Business Park, near Warrington by invitation of the Park owners. As in 2010 it was decided to hold the senior and young athletes relays on the same day in view of the previous year's success at Wythenshawe. Again the weather was excellent and a large turnout of teams provided a good championship. Although entries were down noticeably in the Under 13 age group, they held up well to the previous year's records in other age groups with the senior women setting a new record total.

The course had been improved significantly from our previous visit by Julian Spencer and his team from the local club, Spectrum Striders mainly by reversing the direction. In the senior men's 6 stage event, Leeds City reversed the 12 stage result earlier in the year by beating Morpeth Harriers with last year's winners Derby AC down to third. Morpeth H won the senior women's 4 stage event from Stockport with Leigh third. The winner's of the young athletes' events were distributed amongst Sale H Manchester, near neighbours Trafford AC, Liverpool H&AC, Vale Royal AC (2 titles) and one from the east side of the Pennines, Hallamshire H

Both of our 2011 relays have used "chip" recording and it could be said that the 'North' have now caught-up with technology!! At those two meetings only one runner finished without a 'chip' and he claimed that it was lost around the course!

Representative teams participated in the 10K events at Cardiff, Portsmouth and Manchester and saw both the Women and the Men winning their race in Cardiff.

Team Manager duties were carried out by Mick Hill and Kirsten Scobie.

TRACK AND FIELD

In a year when we once again delivered a full programme of track & field championships we also introduced a new format for the Northern Inter County match.

In addition to the championship events we continued our very successful indoor open meetings which are rapidly becoming our most popular promotions.

Our annual Under 20 trip to Malta had to be cancelled this year due to a clash of dates but the trip will be going ahead in 2012 and we look forward to taking a group of 20 athletes on what has proved to be a very beneficial and enjoyable experience for the young athletes we have taken in previous years.

INDOOR SEASON

The November and December Open meetings once again attracted numbers of around 500 competitors to each event with a full house of spectators at the EIS in Sheffield enjoying an exciting and vibrant atmosphere. One of the reasons for the success of the events is surely the 'on the line' seeding system which operates by matching athletes by times achieved rather than the more traditional lines of gender and age groups. We are able to do this so efficiently and successfully due to the fast thinking and hard work of Jeannie Jones, Paul Yates and their team who operate the 'Call Room' at these events.

The Masters open event in February saw an increase in entries on the previous year and proved fairly successful as, although the numbers were not large, the athletes were enthusiastic and supportive to each other. The event should receive a boost in 2012 as the BMAF are bringing their Combined Events Championship to the meeting.

The Indoor Championships were extremely successful with the new format introduced in 2010 which has all age groups competing over the one weekend, once again producing several Championship Best Performances watched by a large and knowledgeable crowd.

The Combined Events Championships were also held at Sheffield in conjunction with the England Championships and hosted a 'AAA Tom Pink Relays' for younger athletes who brought with them a large number of enthusiastic supporters and we hope that they will return for a similar event in 2012.

OUTDOOR SEASON

The Senior and Under 20 Championships were held at Eastlands (Sport City) in Manchester, a venue which has become their seemingly permanent home due to the support and assistance of Manchester City Council and the staff at the venue led by Lindsay Johnson. We are very grateful to them for their continued support when so many local authorities are withdrawing support for sporting activities.

Entry numbers could have been better but a reasonable turn out ensured that some good performances were delivered by the athletes and an enjoyable weekend was had by all.

The Under 17 and Under 15 Championships returned to the Dorothy Hyman Stadium in Cudworth near Barnsley after a gap of a few years and once again the numbers were a little disappointing, although those who competed gave us an excellent meeting and we hope to encourage more entries in the next few years.

The Northern Inter County Championships have been declining over the past few years and a shake up of the event proved to be a shot in the arm. The new format, for U17 and U15 age groups only, was based loosely on Super 8 competition and resulted in positive feedback from athletes, team managers, coaches and officials. For the first time in many years 9 counties (from a possible 10) took part in the event at Leigh Sports Village and all had full teams – a great improvement on recent years. Whilst some senior athletes were disappointed that the competition was only for younger age groups, the success of the event means that the format will be retained for 2012 and with a few minor adjustments should become a very popular event. In addition to the Inter County competition, the Senior 10,000m event was held on the same day and saw a large turn out of athletes mainly due to the efforts of Mick Hill (Tipton H) who began a Facebook campaign to ensure that a good quality race took place and with 20 athletes taking part it was a major increase over the usual numbers and satisfying for all concerned with very respectable times being achieved.

New Northern Championship Best Performances achieved by:-

Outdoor:	Senior Men	Decathlon	7348pts	John Lane (City of Sheffield AC)
	Under 20 Men	110 H	13.69s	Jack Meredith (Liverpool H & AC)
	Under 15 Boys	400m	51.15s	Daniel Gray (Kingston-upon-Hull AC)
		3000m	9m 02.65s	Jack Crabtree (Trafford AC)
		Discuss	44.01m	Jake Grundy (Bolton Utd Harriers)
	Senior Women	Heptathlon	5162pts	Jessica Taylor (Sale Harriers Manchester)
	Under 20 Women	Heptathlon	5577pts	Katarina Johnson-Thompson (Liv. H& AC)
	Under 17 Women	Heptathlon	4549pts	Hannah Dunderdale (Lincoln Wellington AC)
	AC)			
	Indoor:			
	Senior Men	3000m	8m 01.10s	Ryan McLeod (Tipton H)
	Under 20 Men	Triple Jump	14.37m	Matthew Houldon (Lincoln Wellington AC)
	Under 17 Men	400m	49.00s	Daniel Heald (Sale Harriers Manchester)
		1500m	4m 01.72s	James Lamswood (Kingston-upon-Hull AC)
	AC)			
	Under 15 Boys	Heptathlon	4327pts	Jack Crosby (Middlesbrough AC)
		60m H	8.80s	Ashley Kirsopp (Warrington AC)
		Pole Vault	3.90m	Adam Hague (The Dearne ALC)
	Senior Women	60m	7.34s	Bernice Wilson (Birchfield Harriers)
		60m H	8.15s	Jessica Ennis (City of Sheffield AC)
		Triple Jump	12.79m	Kelly Hilton (Wigan Harriers)
		Shot Putt	14.09m	Amy Hill (City of Sheffield AC)
	Under 17 Women	Triple Jump	11.92m	Rachael Williamson (Wigan Harriers)
	Under 15 Girls	Long Jump	5.32m	Amy Williams (Sale Harriers Manchester)

Once again the Northern T & F League have had a successful season and our congratulations go to City of Manchester AC with Blackburn H & AC runners up.

Promotion to Division 1 was achieved by Wakefield District H & AC and Kingston-upon-Hull AC. Thanks are again due to Alan Johnson, League Secretary, Frank Gorman, Chairman, along with the new Finance Officer, Mike Welford and all the divisional secretaries.

OFFICIALS

This is the third year that the Northern Tri-Regional Group (NTROG) has operated. This group, with Paul Yates, Honorary Secretary, Finlay Galloway, Chairman, Malcolm Fletcher, NA Championship Secretary, plus discipline selectors have carried out the following functions:

- (i) Appointment of officials to Northern indoor and outdoor events (subject to approval)
- (ii) Nominations of officials for National indoor and outdoor appointments;
- (iii) Nominations of candidates to sit on National Discipline Peer Groups;
- (iv) Recommendations to Peer Groups for upgrading candidates to New Level 3 (NL3);

STANDARDS

The decline in the sale of AAA badges has been halted this year with figures for the North showing an increase over the previous year. Our thanks go to Edwin Bellamy and his 'agents' for their continued work.

ACKNOWLEDGEMENTS

Our sponsors, Start Fitness, have continued to support our Championship events and my thanks go to our Honorary Treasurer, Nigel Orr for his invaluable work with them along with our volunteer discipline Finance Officers whilst also recognising the assistance from the many Local Authorities. We are also indebted to all our team managers and selectors for their work during the year as well as all the volunteers and 'Northern' officials, without whom, competitions could not take place. Les Outwin, President, said in his report to the North's Annual Open Meeting "Over the past twelve months I have travelled to Championships at Catterick, Sunderland, Manchester, Cudworth, Leigh, Warrington, Sheffield - the EIS and Graves Park. In all these

places a noticeable feature has been the great support from host clubs and the appointed technical officials, all working to provide the best possible competitive experience for Northern athletes". He continued " It has been a pleasure to meet so many of our most successful athletes and club teams and see how much gaining a Northern medal means to them. I hope they will strive for further success, continue to enjoy the sport and aspire to achieve the best they can".

This could not be achieved without the work put in by many voluntary members of the athletics community in the North of England across numerous roles and also by our office staff in Dewsbury, West Yorkshire under the stewardship of Judith Temperton. Mrs Pat Schofield has now joined Judith as Natalie Walker left her 'office duties' in September to further her education at Durham University where she is to study Archaeology! We thank her for her contribution and wish her well for the future. Our Executive Board members, to whom I also express my thanks, are extremely grateful for their work and we must not forget the athletes, officials and supporters of athletics for their contribution to our sport.

This year two members have retired from our executive board, James (Jim) Green and John Driscoll. Both have been members since NA was formed in 2006 and had previously contributed many years service to the NoEAA, either on their respective discipline committee and / or the Executive Committee.

Brian Heywood
Chairman

MIDLAND COUNTIES ATHLETIC ASSOCIATION

President: Mrs Beryl Randle

Chairman: Mr Geoff Durbin

Joint-Treasurer: Mr Richard Float

Joint-Treasurer: Mr Stewart Barnes

We approach a momentous year for athletics, and sport in general, with the London 2012 Olympics and Paralympics. I congratulate those officials and club members who have been invited to be involved and wish every success to athletes who get selected next year.

London 2012 has had a 'knock on' effect on the domestic calendar for the year. The fixtures list has gone through a number of revisions. One effect is that in 2012 and our Area Senior Track and Field Championships will be held together with the England Senior Championships at the Alexander Stadium, Birmingham. Birmingham also hosts the Jamaican team (at Birmingham University) and the USA Team (at the Alexander Stadium). The latter has a consequence for the Association since the Alexander Stadium will not be available for our Age Group Championships in July.

The Association continues with its agreement with England Athletics in providing competition to the Midlands and South West and we are grateful for their support. The events we stage in all disciplines continue to be well supported. We acknowledge the sponsorship we have had from other sources: Saucony for Cross Country and the Road Relays, Up and Running for the Track and Field League, UKA/McCain's for the Outdoor Birmingham Games and from Ronhill Specials, Microtrading, Bromsgrove & Redditch Trophies for the Indoor Birmingham Games.

I would like to thank my colleagues on the Management Committee for all their hard work and the support they have given throughout the year. In particular I would like to thank Beryl Randle who retires as president. Beryl has given much time in attending our events, helping and presenting awards to athletes. Michael (Mick) Robinson becomes president for the next two years.

Following are results for Midland athletes in national and international competition:

MIDLAND COUNTIES CROSS COUNTRY ASSOCIATION

European CC Championships Portugal 12 December 2010

Senior Women	27 th Gemma Steel	28.25s
U23 Women	16 th Emily Pidgeon	20.55s
	29 th Imogen Ainsworth	21.34s
Junior Women	10 th Annabel Gummow	19.19s
Senior Men	15 th Tom Humphries	29.43s
	18 th Phil Nicholls	29.46s

Great Britain 2nd Team
21st Sarah Waldron 21.16s

Great Britain 1st Team
Great Britain 1st Team

Great Britain 5th Team

World CC Championships Spain 20 March 2011

Senior Women	54 th Gemma Steel	27.32s
Senior Men	64 th Tom Humphries	36.47s
	76 th James Walsh	37.20s
U20 Women	22 nd Annabel Gummow	20.20s
U20 Men	95 th Tom Curr	26.28s

Great Britain 5th Team

Great Britain 15th Team
Great Britain 5th Team
Great Britain 10th Team

Competing for England in the Home Countries International held with the Inter Area were:

Senior Women	1 st Juliet Doyle (Charnwood)	25.47s
Junior Women	6 th Eleanor Wimshurst (Bristol & West)	20.07s
Junior Men	2 nd Paul Thompson (BRAT)	23.09s

MCAA ROAD RUNNING INTER AREA 10K MATCHES

Manchester 10K 15 May 2011

Women's result: 2nd Team 15pts
35.00s,
35.27s

Men's result

Northern Match

2nd Hannah Whitmore 33.38s, 6th Kim Fawke
7th Stacey Johnson 35.07s, 8th Claire Martin
2nd James Walsh 28.42s, 6th Josh Lilly
29.41s, 9th Matt Clowes 29.56s

Cardiff 10k 11 September 2011

Women's result: 4th Team
36.09s,
Men's result: 4th Team
31.56s,
33.44s

Welsh Match

Nikki Brookland 36.05s, Lyn Cox 39.39s
Sue Street
Josh Lilly 29.48s, Daniel Beier 32.05s, Kyran Hale
Gregg Halliwell

Great South Run Portsmouth 10 mile 30 October 2011 South Match

Women's result: 1st Team 1st Juliet Doyle 56.49s, 3rd Kate Goodhead 59.47s
58.19s, 7th Emily Pidgeon
Men's result: 3rd Team 1st James Walsh 48.37s, 9th Adrian Holliday 51.54s, 18th Martin 51.54s,
50.38s, 16th Tim Hartley
Whitehouse 52.36s

Ultra distance international representative performances by Midland Athletes:

100k Anglo Celtic Plate

23rd Adela Salt (Trentham RC) 8h 32m 33s
26th Angie Sadler (Tewkesbury AC) 8h 44m 04s

TRACK & FIELD: MIDLAND ATHLETES AT MAJOR GAMES (TRACK & FIELD) 2011

European Indoor Championships

Bernice Wilson	Birchfield	60m	Joel Fearon	Birchfield	60m
Nigel Levine	WSEH	400m/4 x 400m	Luke Lennon-Ford	Birchfield	4x 400m
Kelly Massey	Sale H	4 x 400m	Kelly Sotherton	Birchfield	4x 400m
Tom Parsons	Birchfield	High Jump			

European U23 Championships

Luke Lennon-Ford	Birchfield	400m/4 x 400m	Bronze/Gold
Nathan Woodward	Tamworth	400m Hurdles	Silver
Meghan Beesley	Birchfield	400m Hurdles	Bronze
Danny Talbot	Birchfield	200m/4 x 100m	Relay Silver
Ashleigh Nelson	City of Stoke	4 x 100m	
Emily Diamond	Bristol & West	200m/4 x 100m	
Hannah Walker	Birchfield	5000m	

European Junior Championships

Adam Cotton	Birchfield H	1500m	Gold
Rowena Cole	Coventry Godiva	800m	Silver
Andrew Pozzi	Stratford on Avon	110m Hurdles	Silver
Annabel Gummow	Bristol & West	5000m	Bronze
Jennie Batten	Stroud & D	4 x 100m	Bronze
Jarryd Dunn	Birchfield	400m/4 x 400m	8 th /4 th
David Lagerberg	Mansfield	4 x 400m	4 th
Cameron Walker-Shepherd	Birchfield	Pole Vault	
Judah Simpson	Derby	4 x 100m	
Paul Thompson	B.R.A.T	10000m	

IAAF World Youth Games

Jazmin Sawyers	City of Stoke	Heptathlon	Lucy Bryan	Bristol & West	Pole Vault
Rowan May	Birchfield	Pole Vault			

World Championships

Andy Turner	Sale Harriers	110H	Bronze		
Mark Lewis Francis	Birchfield Harriers	4 x 100m	Kate Dennison	Sale Harriers	Pole Vault
Nathan Woodward	Tamworth AC	400H	Marlon Devonish	Coventry Godiva	100m/4 x
Nadine Okyere	Birchfield H	4 x 400m	Tom Parsons	Birchfield H	High Jump
William Sharman	Belgrave H	110H	Emma Jackson	City of Stoke	800m
Louise Hazel	Birchfield	Heptathlon	Danny Talbot	Birchfield	4 x 100m
Nigel Levine	WSEH	4 x 400m	Steven Lewis	NEB	Pole Vault

Luke Lennon Ford	Birchfield	4 x 400m	
Commonwealth Youth Games			
Jazmin Sawyers	City of Stoke	Long Jump/4 x 100m	Gold/Gold
Leon Reid	Bristol & West	100m/4 x 100m	Relay Silver
Feron Sayers	Wolverhampton & B	Long Jump	
Robert Needham	Notts	800m	
Lucy Bryan	Bristol & West	Pole Vault)	selected but event
Rowan May	Birchfield	Pole Vault)	cancelled

Finally, I am grateful to our hard working office staff, officials and volunteers for their efforts throughout the year.

Geoff Durbin
Chairman

SOUTH OF ENGLAND ATHLETIC ASSOCIATION LIMITED

President	Miss Donna Fraser	Honorary Secretary	Mr Chris Carter
Chairman	Mr John Gebbels	Honorary Treasurer	Mr Nigel Faben

The South of England Athletic Association in conjunction with its competition company, S.E.A.A. (Competition) Ltd, has enjoyed a successful 2011. The Association has continued to have a close co-operation with England Athletics with regular meetings between representatives of England and the S.E.A.A. We have continued with our role as a competition provider of Championship and other events in the South of England. During the year in review the core business, the competition element, has been successful. Despite the continual funding problems the Discipline Working Groups have worked hard to produce the standard of competition expected of the Association. With goodwill from all including the technical and ancillary officials, helpers and athletes the competition year was conducted in a manner that the sport has come to expect from the organisation. We continue to support the clubs and organisations by regular information mail outs and entry forms for Championship events. Our staff are always ready to give advice whenever possible to members and to the general public. Internet entries are now available for all teams and competitors in our Championship events.

CROSS COUNTRY D.W.G. Chairman Mr Martin Howard

The main Championships were held at Parliament Hill Fields in January. The Senior Men's title was retained by Neilson Hall (Bedford & County A.C.) from Ben Tickner (Wells City). The team title was won by Bedford (129pts) from Aldershot Farnham & District A.C. (222pts) with Highgate Harriers third (278pts). Naomi Taschimowitz (Taunton) won the Senior Ladies race from Nicola Sykes (Bedford). The team title went to City of Norwich from Serpentine Runners. There was also excellent racing in the age group events. The Inter-counties, Masters and initial Relay Championships were also successful

ROAD RUNNING D.W.G. Chairman Mr Laurie Kelly

The Road Running D.W.G has been active during the year. The Spring Relays were held at Milton Keynes and the Autumn Relays continued at Rushmoor Arena in Aldershot over two full and successful days. The events were hosted by Milton Keynes A.C. and Aldershot, Farnham and District A.C. respectively.

TRACK AND FIELD D.W.G. Chairman Ms Abi Onatade

The Indoor Championships were held over three days at the Lee Valley Athletics Centre. They were well supported and to many were the start of a successful indoor season. This year the three main Championship events held during the period under review did not see the expected increase in entries. The U15 and U17 Championships were once again held at the excellent Julie Rose Stadium at Ashford but following the dictat of England Athletics the move to August was not popular. Ashford also hosted the Senior and U20 championships after the Crystal Palace (our first choice) was made unavailable by a non athletic event. The Inter-Counties and Combined Events were both held at the Abingdon track.

FINALLY

The Association recognises that financing of the sport is not getting any easier. S.E.A.A. (Competition) Ltd as a subsidiary of the Association and the Association itself has very little income save that from the small

club subscriptions, increasingly reduced interest from its reserves and entry fees for the competitions. Therefore the grant received from England Athletics to promote the competitions as part of their competition programme is a vital proportion of the overall cost of running the Association. The issue of underfunding in future years will make the Association and the Competition Company take a very close look at the future programme of events if we are to continue to serve our clubs coaches and athletes as we have in the past.

I would like to thank all the volunteers who have contributed in so many ways to the work of the Association as technical and ancillary officials, committee members and other helpers. In particular the Association must thank Miss Linda Whitehead, the Director of Competition, who continues to work well beyond the call of duty. We all look forward to 2012 and the London Olympic and Paralympics Games being held on our manor and seeing many athletes from the South on the greatest athletic stage of all.

Chris Carter
Honorary Secretary

ENGLISH CROSS COUNTRY ASSOCIATION

The organisation and staging of Association's Championships has proved difficult over the past 12 months, even after 135 years of staging the National Championships and 26 years of the Relays taking place unforeseen problems crop up. The Relays have now been held at Berry Hill Park, Mansfield since 1989, this has been a popular venue and the numbers taking part has grown especially over the last 10 years. The Park is in fact owned by a Trust and problems occurred in 2010 when the Trust and Mansfield Harriers came into conflict, with the Trust closing down a number of the site buildings. This led to a lot of negotiations taking place in the week leading up to the event before the Championships successfully took place. Since then the Association and the Berry Hill Park Trust have been in discussions about the future of the Relays and we are pleased to announce that an agreement has been reached for the event to take place at the park for the next 3 years.

It was the weather that caused the problems at Alton Towers, Staffordshire when the National Championships were held there back in February. After a relatively trouble free build up we woke on the morning of the event to sleet, snow, fog and very wet conditions at the Site and soon the whole Area became a quagmire. The ECCA's Officials skilfully kept the event going but half way through the programme the Medical facilities became overwhelmed with the numbers of young athletes requiring treatment mainly because of the cold and wet conditions. Again a lot of discussions took place to get the rest of the Races completed and our experience saw the event completed. However as a result the ECCA has had to review the situation of such weather conditions and if it can in future entrust the medical side of things to voluntary groups like the St Johns Ambulance Brigade.

Another factor that came up is what young athletes, especially Girls wear when taking part in the conditions encountered at Alton Towers. Crop tops are very popular for ease of running and for looking good as an athlete but in wet and cold conditions they are not really suitable and Coaches and Team Managers need to advise young Girls against wearing such clothing when conditions are bad. The Fell Runners Association has a dress code for bad weather situations and though the ECCA doesn't intend to ban crop tops it asks Club Officials to discourage this type of wear in bad weather conditions.

Again numbers entering and taking part in the Championships were good and competition is always very fierce. In 2012 the Nationals return to Parliament Hill, London when the 125th running of the Senior Men's race will take place. Let's hope the weather is kind to us on this occasion, although it is a bit worrying that at a recent Lecture I went to on Climate, the audience was told that we might be entering a mini ice age due to present activity on the Sun.

Once again the Association extends a big thanks to Saucony our Sponsor and looks forward to renewing the contract with them later this year and also thanks to all the other parties that work closely with us to ensure that the Championships are staged successfully. Finally a big thank you to everyone who sits on the various ECCA Committees, not one of the Officers, Committee members and Officials are paid for their work and everyone does a magnificent job. So we look forward to another busy season and let's hope the weather is a little kinder this time round.

Ian Byett
Honorary Secretary

ENGLISH ROAD RUNNING ASSOCIATION

2011 has seen the English Road Running Association (ERRA) continue to operate successfully as a competition provider responsible for coordination of the Inter-area, ultra distance, and the staging of the road relays.

The inter-area series of races was staged between the North, Midlands, South and Wales with the aim of providing developmental opportunities. Thanks to the following races for allowing the competition to be incorporated in their races:

Manchester 10K on the 15th May

Cardiff 10K on the 11th September

Portsmouth 10 Miles – Great South Run on the 30th October

A small but dedicated number of runners competed in the Ultra distance championships which were held at Boddington Manor, Gloucestershire on 26th June 2011.

The 2 major Ultra Championships held in the UK were not held in England, although the ERRA did support the races.

Perth, Scotland on the 27th March saw the staging of the Anglo Celtic Plate 100k Home International Team Race.

The 2nd Commonwealth Ultra and Mountain running Championship were held in North Wales 23rd-25th September 2011, with the 24 hour championships held at Llandudno on the 23 September.

Both races were started by ERRA and it was a good to see them continue successfully.

The traditional road relays continue to be held at Sutton Park Birmingham, and while the condition of the roads in the park continues to give concern, the greater concern however is the future management of the park. However this year the relays enjoyed a great deal of support from Birmingham City and the Parks Department for which we are very grateful. The thanks of ERRA go to Nike the sponsors of the event.

The numbers of clubs was consistent with previous years in the Men's 12 stage and Women's 6 stage on the 9th April and again for the Men's 6 stage and Women's 4 stage on 15th October. For the Young Athletes Relays on the 16th October the number of teams competing was a slight increase on previous years, demonstrating that club road running is still very healthy. Thanks go to the unsung army of volunteer officials who continue to provide excellent service in running the road relays.

Full results of all races are on the ERRA website and the Power of 10 website.

Finally I would like to thank the ERRA officer and committee members for their work during the year.

Mike Neighbour
Chair ERRA

FELL RUNNERS ASSOCIATION

The association continues to act as governing body for fell running in England and administers the England Mountain Running Team with financial support and kit from England Athletics.

Highlight of the international programme was Pippa Maddams, (Keswick) winning the World Long Distance Mountain Running Champs in Podbrdo Slovenia. With Helen Fines, (Calder Valley) 3rd and Anna Lupton, (Radcliffe) 8th they were 1st team. The men's team placed third.

At the second Commonwealth Mountain and Ultra Running Championships, England Finished first in both team and individual races for both men and women.

The FRA continues to promote championship events during the year for junior, senior and master athletes.

Whilst we still produce an annual calendar of events they are also available on line through our website which is of course more up to date.

The Association has decided to incorporate which will take effect from January 2012.

Alan Barlow
Chairman

RACE WALKING ASSOCIATION

Introduction

Last year's progress in the standard and numbers of English walkers has been maintained although with no spectacular advances on either count, although Alex Wright has set a British all-time best for the non-standard distance of one mile.

Development

Our development programme, partly in conjunction with the English Schools' Athletic Association, which provides some funding, continues to provide satisfactory results, although there was a close call when the annual Young Walkers' match against Ireland in Dublin resulted in a victory by a single point. In 2012, there will be a departure from the normal pattern of holding the contest in Ireland, the venue being the National Sports Centre of the Isle of Man, where the match will be held in conjunction with an International Open Meeting.

We are trying to encourage the younger walkers in particular by instituting a modest Grant Scheme to enable the athletes to undertake activities, such as special coaching provision and travel to overseas races that might otherwise not have been possible. The Scheme is running for a "probationary" period of one year, after which its effectiveness will be reviewed.

Finance

Our finances remain just about adequate without being lavish and have been assisted by a bequest from the late Dennis Withers and by the continuing income from our Entry Levy Scheme. This is a levy on each entry fee paid in a Permit-holding event and gives a rough-and-ready way of determining that the number of participants has increased by about 7% each year since the scheme was started three years ago.

The Future

Our plans for gaining maximum advantage from the London Olympic Games are well in hand and we look forward to benefitting from the festival. During Olympic year, our President will be the 20k Champion from the 1964 Tokyo Games, Ken Matthews, M.B.E.

P.J.Cassidy

Honorary General Secretary

AAA DEVELOPMENT INITIATIVES & LEGACY

The AAA working in partnership with Sportshall Associates and England Athletics, have been supporting a number of development initiatives recognised as an important contribution to the future of our sport.

TOM PINK RELAYS

During the year the AAA held a series of very successful Tom Pink Relay and Field Events for children in the U11 and U13 age groups.

17th OCTOBER 2010	LEE VALLEY ATHLETICS CENTRE, LONDON
22nd FEBRUARY 2011	NIA, BIRMINGHAM
5th MARCH 2011	EIS, SHEFFIELD
1st JUNE 2011	SPORTCITY, MANCHESTER

These programmes have been made possible through a generous bequest by the Pink family which will enable the programme to be sustained up to and including 2012. The event format is recognised as a way of making track and field meetings exciting and attractive to children and to form a bridge between the successful Sportshall programme and main stream track and field.

JUMPS AND THROWS

Standards – The AAA wishing to encourage the development and improvement in jumping and throwing events continued the scheme to provide salvers to athletes in the U15 and U17 age groups who achieved Grade 1 standard at the Area Championships. A total of 166 awards were made as shown in the table:

Event	U15 Girls	U17 Women	U15 Boys	U17 Men
High Jump	8	6	3	4
Long Jump	8	4	8	5
Triple Jump	-	4	7	7
Pole Vault	3	2	2	6
Discus	9	9	6	6
Javelin	7	3	4	9
Hammer	5	2	2	4
Shot	8	8	3	4
Total	48	38	35	45

The numbers of awards given are less than last year as the National Championships were not included this year.

AWARD SCHEMES FOR PRIMARY AND SECONDARY SCHOOLS

The AAA have helped in the creation of the new Indoor and Endurance Aviva UKA Academy Award Schemes which are being widely published and proving popular.

VIRTUAL COMPETITION FOR SCHOOLS

A nationwide virtual competition utilising the new Award Schemes has been developed and is being adopted by many of the school partnerships.

WORLD MARATHON CHALLENGE

(Formally the Maratón Internacional Simultáneo)

This year the AAA worked in partnership with Save the Children to take the World Marathon Relays even further afield. 26 English teams took part at 13 separate venues competing against teams from Spain, Ireland, Canada, Kenya, Mali, France, Norway, New Zealand, China and Mexico. The teams of school children aged 11 to 13 were competing, not only against each other, but were attempting to beat the Marathon World Records of Patrick Makau and Paula Radcliffe.

The Marathon Relays involve teams of 31 girls and boys from school year 8 running in a continuous relay to complete the Marathon distance of 42km 195m (26 miles 385 yards). It is a tough challenge with each team member running 6 or 7 times over a 200m section. The English teams ran around athletics tracks but their counterparts around the world sometimes ran on dirt tracks, fields and even through the jungle.

The teams started simultaneously on an agreed time signal and check times were posted on the internet as the race proceeded so that each venue could follow the progress of the others. A total of 53 teams took part and the teams below were all successful in beating Makau's world record:

RANK	Team	Time			
		H	:	M	S
1	Nderu 1 Uhai (Life) - KEN	1	:	51	52
2	Southend - GBR	1	:	56	57
3	Castellón - ESP	1	:	57	31
4	Wirral Yellow - GBR	1	:	57	59
5	Kirklees Kings Red - GBR	2	:	0	43
6	Madrid - ESP	2	:	1	42
7	Manchester Cheshire Yellow - GBR	2	:	2	9
8	Kent Yellow - GBR	2	:	3	16
9	Saverne - FRA	2	:	3	24
WR	Patrick Makau - KEN	2	:	3	38

The 2012 event will be held on Tuesday 16th October in conjunction with the United Nations World Food Day.

HERITAGE

The Official History of the AAA (1880-2010) by Mel Watman has now been published and was launched at the Bedford International Stadium Sunday 17th July 2011 before the start of the second day of the England Athletics Senior National Championships.

Mel's book was highly praised and his work on the History of the Women's section is now well advanced.

TROPHIES

Once again a selected number of trophies were presented at the English National Championships held this year at Bedford and they were later displayed at the Hall of Fame Dinner.

Jack Miller and Philip Andrew of the British Athletic Supporters Club are helping to provide both written and photographic itinerary.

Plans to transfer the trophies to safe storage at Alexander Stadium are being discussed and with this in mind, a panel of trustees is being appointed.

CROSS-COUNTRY RELAYS

The AAA have provided money to the three Territorial Associations to help in the establishment of the cross-country relays.

George Bunner
Events Director

ATHLETICS FOR THE YOUNG (CHARITY)

We see a continuing strong demand for grants from young athletes during our yearly exercise and are happy to be able to support so many. Start Fitness have provided valuable assistance and support to enhance the grants.

The investment performance is better than expected over the last 12 months with a modest increase in value and we are confident of continuing the charity's work in future years.

You will notice a reduced income from sale of badges and whilst there may be a fall in demand it is difficult to judge when the South of England AA have not paid us for the last three years. Hopefully they will put this right before too long.

Alan Barlow
Treasurer / Trustee

STANDARDS SCHEME

The period that this report covers is largely from September 2010 to August 2011. In this period the decline in sales of standards badges shown in the last few years has been reversed with an extra 86 badges being sold. The greatest increase has been in the sales of grade 4 badges at under 13 and under 15 levels.

Despite the biannual adjustments to the tables fewer grade 1 badges have been sold in all age groups except under 20. Is this because standards of performance at the top levels are falling? – one or two good individuals can mask the fact that performances at the higher levels are not as good as in the past.

It is pleasing to see that a number of clubs in the West Country, Oxfordshire and East Anglia are starting to use the scheme as part of their club awards evenings with requests for badges and certificates coming from those areas.

The trend towards increased badge sales has continued in the first three months of 2011-12 with already more than 35% of the 2010-11 sales having been achieved in what is largely a non competitive part of the season.

If the Awards Scheme is to continue, and expand, I think consideration must be given to setting up a dedicated website and considering online payment for badges. Postages are the largest part of expenditure and it looks as though postal rates will rapidly continue to rise. Individual certificates can be downloaded electronically and bulk supplies can be sent and are available for collection at most National Championships. I always send out blank certificates, which can be used for future applications, when sending badges to applicants.

Edwin Bellamy
Hon Standards Secretary

The Future of AAA

Mission Statement

The AAA's role within athletics is to support and provide a discussion forum not only for the Areas, North, Midlands and South, but also the various disciplines of athletics and volunteers within the sport. The AAA is also there to encourage and support young athletes and to preserve the heritage and history of English Athletics.

The AAA is the principal forum between the areas and all the disciplines of athletics keeping everyone informed and involved in the sport

The AAA is a strong, independent voice for the voluntary sector within the sport

The AAA provides initiatives for young athletes, which build on the athletes' enthusiasm and help to develop their talent.

Finally the AAA is the trustee of the history of the sport in England and fulfils that role not only as its archivist but also by preserving the legacy by being trustees of historic and valuable trophies.

The Areas, North, Midlands and the South

The three England Areas; North (Northern Athletics), Midlands (Midland Counties AA) and South (South of England AA) provide athletic competition by organising events across all disciplines; track and field (indoor and outdoor), cross country, road running and race walking at an important level between National Governing body (EA) and County. In addition, Inter-Area matches take place and representative teams often travel abroad providing development opportunities for athletes and Team Managers.

It is worth noting that no "standards" are required for entry, whether from an EA affiliated club team(s) or an individual. Athletes in the U17 –U15 age categories have been rewarded with an **AAA boxed silver salver** if they achieve an **AAA Grade 1 standard at the Area T&F Championship**.

The AAA provides a useful forum for the areas to meet and openly discuss issues which are of concern to all of them. There is no other forum where the three areas can have completely open discussions about all the aspects of athletics. At a time when athletics is under pressure and is changing, this is an important role for the AAA

Cross Country, Track and Field, Road Running and Fell Running

AAA has always and will continue to support all the disciplines in athletics in whatever way is appropriate.

Track and Field

Although the Board of the Association does not have a dedicated representative for the discipline of Track and Field the Board is aware of the importance of this discipline to the sport. Our young athlete initiatives have a strong track and field element and our heritage links with EA involve the presentation of AAA trophies at National Track and Field Championships

Cross Country and Road Running

The ECCA and the ERRA has had close ties with the AAA for many decades. These Associations have historically supported Young Athletes competitions when few other organisations have this focus. The ECCA and the ERRA feel that they need the support that a vibrant AAA can give to both the young and the mature.

Athletics for tomorrow's athletes

The AAA has since the Foster Report concentrated on work that would enhance athletics and work with young athletes. This work has been practical; organising, promoting and funding events and training sessions but also has worked outside athletics with bodies like Save the Children.

The legacy from the Pink family "to organise athletic events for young athletes" led to the Tom Pink Relays; a multi-discipline competition event that addresses the development of athletes up to and including 14 year olds. The competitions have taken place across England in 4 main venues including the NIA in Birmingham. Schools and clubs have recognised its' value as a developmental tool for the younger age group creating enthusiasm for our sport. No surprise that each year more clubs and schools apply to take part in the event.

AAA has developed the Marathon Challenge and in 4 years it has grown from 5 locations in 3 countries to 12 countries and 52 teams competing across the world. Worth noting that in 2012 there are plans for over 500 teams to take part in this event to promote UN World Food Day. Like the Tom Pink Relays, it develops a variety of skills in young athletes from running and relay technique to the more subtle pacing ability. The Marathon Challenge developed in a slightly different direction in 2011. Save the Children working with the AAA used it as an awareness raising activity for the charity. The AAA see the future of this activity in this country being organised on an inter-county or inter-city basis with funding from the respective counties and as such would need minimal financial support.

The skills and ideas, which all these activities have generated, have proved useful tools for primary school teachers and coaches. The AAA has part funded workshops at St Mary's University College, Twickenham for trainee teachers and workshops across the country for coaches. A book with ideas for coaching endurance was sent to teachers across the UK backed by the AAA. Supporting the work of new teachers and coaches is seen as a key role and one which AAA is ideally suited to fulfil.

The AAA maintains a Standards Scheme for the encouragement and reward of young athletes particularly.

AAA Charity for the Young

The Trust supports and helps young athletes with small grants that often make a big difference to youngsters who are only at county level but have potential to achieve more in the future. The letters of thanks from these youngsters talk about grants paying for specialist shoes, gym membership, summer kit and helping with travel costs to fixtures. The previous section outlined how the AAA is committed to helping and supporting young athletes; the work of the Trust underlines that support and the practical approach of this body.

Heritage

AAA plays the role of archivist of English Athletics, the recently published history of the men's achievement in the sport plus the soon to be published history of the women's achievements demonstrate this and it may be a role that is developed further in the next few years.

The trophies also represent an important part of the history of athletics; the AAA has always been a trustee of these trophies and keeps them in safe storage. It has become clear that the athletes value the trophies, which can be traced in some cases back to 1866 and the origins of the Association, and always take great pride in receiving them.

Finance

The AAA prepared a plan of activities for the period up to 2012, with the intention of leaving a modest level of investment available for the future. That plan will have been completed within budget by September 2012, and in the case of the Tom Pink legacy there will be funding available for a further two years beyond the projected closure of the programme.

The limited income which will accrue from the remaining AAA investments, and the fact that the Association has no direct income stream, means that the prospect of working with partners and other agencies will continue to be explored in order to sustain a limited level of activities – those which continue to meet the needs of aspiring athletes of the future and which attract sponsors and other funding agencies.

Working with our partners: UKA, EA & English Schools

The AAA will continue to work, with our partners to enhance their work and to support the aims for the development of the sport and all its disciplines.

Conclusion

The AAA has since the Foster Report been active in the world of athletics; it has used its expertise to develop a serious role in the sport. It has attracted support and gained respect for the work they have done without encroaching on the work of England Athletics, on the contrary they have enhanced and added to the work of the governing body. In compiling this document the Board of the AAA has recognised that they have built firm foundations for their future working with young athletes, its name is still associated with excellence.

January 2012