

England Athletics International Womens Day

6th March to 13th March

National Coach Development Programme Open Sessions for Women:

The London team have organised a number of sessions to observe a female coach on the NCDP with an opportunity to ask questions at the end of the sessions in:

- Sprints
- Hurdles
- Endurance
- Endurance for Young Athletes



Sessions will be offered at venues across London during the day and evening

For more information on dates, times and how to book please contact Julia Bailey (South London) on jbailey@englandathletics.org or Guy Spencer (South London) on gspencer@englandathletics.org

Women Only Workshops

Sun 13th March Movement Skills Workshop one Leatherhead, Surrey 10am – 4pm

For more information or to book please visit www.ulearnathletics.com/cpdEvent/83155 or contact Christine Benning on cbenning@englandathletics.org



Women & coaching – be inspired!